174 - PHYSICAL EDUCATION IN NEW ZEALAND SECONDARY SCHOOLS

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NEW ZEALAND



DESCRIPTION

The total land area, 268,680 square kilometres (103,738 sq m).
The country extends more than 1600 kilometres (1000 miles) along its main, north-north-east axis.

POPULATION **4.2 million people**

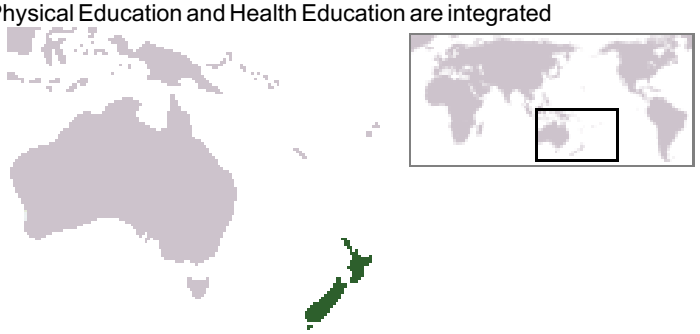
The population is mostly of European descent, with the indigenous Maori being the largest minority. (15%) Non-Maori Polynesian and Asian people are also significant minorities,

SPORTS

Sport has a major role in New Zealand's culture; especially rugby union. Other popular sports: cricket, netball, basketball, lawn bowling, soccer and rugby league. Also popular are golf, tennis, cycling, field hockey, skiing, snowboarding, softball.

LOCATION

In New Zealand Physical Education and Health Education are integrated





DESIRED LEARNING OUTCOMES

·Physical education enables learning *in*, *through* and *about* movement.

·Physical education fosters critical thinking and active participation in a variety of movement contexts.

·*In* movement students develop physical skills, knowledge and strategies to support challenging, enjoyable and purposeful experiences.

·Movement is an authentic medium *through* which students develop knowledge of themselves and others, and social skills that enable them to contribute positively when interacting with others.

·Students learn *about* the social, cultural and scientific factors that influence how and why people move. By engaging in creative play, games, recreation and leisure, adventure and outdoor activities, exercise, and creative, cultural, and expressive movement students can contribute positively to support self, others, society and the environment.

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ABSTRACT

In New Zealand, secondary schools cater for students 13-18 years of age, and physical education and health is a compulsory part of the curriculum.

This will be a PowerPoint presentation which will show some of the practical aspects of the Physical Education Curriculum, which focus on the learning of movement concepts and improving motor skills through a range of physical activities.

The physical activities include sports, movement education and related activities, dance, cultural activities that are relevant in New Zealand, and outdoor education.

These activities are seen as a vehicle to enable students to develop positive attitudes in challenging physical situations.

EDUCAÇÃO FÍSICA NAS ESCOLAS DE ENSINO MÉDIO DA NOVA ZELÂNDIA

RESUMO

Na Nova Zelândia, as escolas de ensino médio recebem alunos dentro da faixa etária de 13 a 18 anos, e a educação física e saúde são parte obrigatória do currículo.

Esta apresentação em PowerPoint mostra alguns aspectos práticos do Currículo em Educação Física, que enfoca a aprendizagem de conceitos de movimentos e o aperfeiçoamento de habilidades motoras através de uma série de atividades físicas.

As atividades físicas incluem esportes, ensino de movimentos e atividades relacionadas, dança, atividades culturais relevantes na Nova Zelândia e a educação ao ar livre.

Essas atividades são vistas como veículo para capacitar os alunos a desenvolver atitudes positivas que envolvam desafios em situações relacionadas ao físico.