111 - THE PRACTICE OFF THE UNIVERSITY EXTENSION IN THE INSTITUTE OF PHYSICAL EDUCATION AND SPORT OF UERJ AND CONTRIBUTION OF RHYTHMIC GYMNASTICS

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University Extension has become an academic practice at public universities in Brazil, UERJ and participates actively in this process.

As recommended by the Department of Extension/SR-3/UERJ "as academic activity, the extension must also be a means of learning, field experiences for the development of actions that coordinate different areas of knowledge, promoting interdisciplinary, work in team and contact with aspects of reality that can contribute to a technical and citizen of our students, faculty and staff. "

Among the many goals that the activities of Extension can attend, we highlight those that most clearly, explain the academic and social commitment of the University.

Extension activities should give special attention to the opportunities they offer to students for reflection and action around issues of Physical Education in constant tune with the real needs and interests of the communities in which they are contextualized. Thus, it is important that the activities that establish as clearly as possible the limits of field experience to enable participants to clearly identify the objectives of the activity, encouraging results achieved.

The LAMGRES - Multidisciplinary Laboratory of Rhythmic Gymnastics with a focus on education and health, associated with the Institute of Physical Education and Sports of UERJ, has offered a comprehensive program of lectures by experts in various fields of interest. Among its main goals can include: providing access to new forms of learning, and the subjects contained in the curriculum, offer open workshops, bringing a new kind of approach to GR for graduate students; call our users, particularly students, so that through its extension activities and research to become agents supporters and propagators of the new achievements and successful experiences, stimulate them to study and research in related areas, increasing their critical thinking, making them professionals capable and efficient individuals in search of new alternatives of life. Allied to this process of seeking a better understanding of Rhythmic Gymnastics, we have assembled contributions to the understanding and systematization of the discipline, and provide new educational and pedagogical processes, bringing the University of the demands of society by providing, even to our users a place to reflection on the sport as an important phenomenon in contemporary society.

The Center for Rhythmic Gymnastics, added to the Project LAMGRES, demand represent the various activities of this discipline / sport in our University is an interaction between the external and internal communities. Among these activities, we highlight the Meeting School Rhythmic Gymnastics IEFD / UERJ in its 21st edition, seminars, clinics, mini-courses, workshops and participation in scientific events, academic affairs, national and international. The activities in question are interrelated by the fact that a complementary and gives continuity to the other. It encourages also the practice of multi-, inter-and transdisciplinary leading to changes in concepts of the disciplines involved, for the production of mechanisms that make the development of the participants with the use of educational and scientific assumptions, the most current possible. To achieve the proposed objectives, Fellows analyze the data collected in the project activities in order to systematize the different approaches offered by Rhythmic Gymnastics, making the necessary foundations for teaching in heterogeneous groups. Assess also the correlation of the foundations of human psychomotor practical application and teaching their subject area, and the search for better subsidies aiming more comprehensive foundation of the literature. Use different teaching methods in groups of disadvantaged children and have effective participation in the organization and implementation of large-scale event.

The Meeting School was created by us in 1989 and had as one of the immediate objectives show that the participation of students of Physical Education, UERJ provide them an opportunity to follow in preparing, assembling and executing a major trade show. Since then, it has been held annually on an ongoing basis, providing, in the course of these twenty-one years, a contingent of thousands of children and adolescents an opportunity of reconciliation and exchange, as the teachers of the schools and the public.

Has received students from the capital of the State of Rio de Janeiro and other states such as schools of Rio Grande do Sul, São Paulo, among others. Schools show choreography with traditional devices (officers) and an alternative program for about two hours.

We seek to prioritize which schools teachers have been formed (as) by the Institute of Physical Education and Sports / UERJ. This percentage has varied from 50% to 60%, having reached 90%. Moreover, it is inserted in the strategic policy UERJ that, among other things, calls for an interaction with the various educational segments of our state. It is an event for schools of elementary and secondary education, the public and private. It has the active participation of students of Physical Education UERJ in their steps and support LAMGRES - Multidisciplinary Laboratory of Rhythmic Gymnastics with a focus on Education and Health.

This is a free activity and has offered to various schools of Rio de Janeiro the opportunity to work their selfless physical education teachers often develop, with few financial and material resources. Besides providing a view of the students, creates also an opportunity for exchange, harmony, integration and exchange of knowledge between the various lines of work fitness, and offer young students to approach with a public university of the greatness and traditions UERJ. Another offered by the extension activity LAMGRES "Talks with workshops" that nurture new ideas, through themes and related activities and additional training of the individual. These activities are offered to young gymnasts and teachers interested in the practice of Rhythmic Gymnastics, intra and extra-mural UERJ, followed by presentations of the whole, individual tournaments, this Olympic sport.

In the constant search for interaction between communities inside and outside the UERJ, we offered the "Clinics Rhythmic Gymnastics" focused on the number of practitioners of the sport. We use the process ANAMINESE (DIAGNOSTIC), the field of their motor skills and competences focused on various topics covered in each issue of Clinics, made possible by monitoring the respective teachers responsible for the work of the gymnasts and the expert teacher as the "implementation of activities the gymnasts. "

These events nurture students and scholars of the discipline of LAMGRES the experience of this Olympic sport (as involved in the organizational structure of the event). The experiences gained through our knowledge of events beyond the structural and bureaucratic organization of events, greater interaction of the knowledge of Olympic sport and the benefits of this practice in physical activity such as psychomotor, increased peripheral vision, laterality between many others. Transcend also

issues arising from their research and developments, cataloged and properly filed, the political, social and cultural breadth of our day to day meetings discussed and applied in the preparation of reviews, such as prior or future articles for use in monographs, scientific works, among others.

One of the peculiarities of Rhythmic Gymnastics is to encourage creativity. A series of choreographic development, individual or joint (group), is a hands-free devices with alternative or with any of the five official apparatus - rope, ball, clubs, bows and tape requires a high dose of creativity. One of the many definitions of creativity is Celso Antunes (2004) "creativity is a concept associated with different attributes related to originality, variety, spontaneity, for ease in seeing and understanding the different ways things in the world." For some, it also means the ability of people to deviate from established standards with a view to the creation of new or new ways of thinking.

* Piaget admitted the possibility of mediating the construction together with the knowledge, creativity in children. He emphasized the creativity always be the product of reflective abstraction as it is to emphasize this, the actions or operations, new ways to make them elements of a new development, giving them another organization.

The exchange and integration with the external community has been a major focus of activity of our meeting as well as School and Clinics, workshops and lectures with other related activities. In a process of inclusion, these events have provided access to hundreds of children and young people and their families, mostly from the disadvantaged communities, the university context. Is created, so a bond of promotion and approach between these communities and UERJ.

Groups of children with disabilities have also performed at our events, such as the INES - National Institute for the Deaf, the Institute Benjamin Constant (visual impairment), among others. Children's charities have also participated in the events.

Corroborating the inclusive character of the Meeting School, Pacheco (2007) notes that the existing legal framework defines students with special needs such as those requiring support and educational assistance for a specific period of their education, or throughout it, as a result of disabilities and various social situations and cultural environments. Giangreco, (1997 in Pacheco) "... emphasizes the collaborative work in teams, developing a shared framework, involving families, the general area of the educator, relationship clarity in the roles between professionals ...".



Striking the opening ceremony of the Meeting School, UERJ



As extension activities, the meeting aims at a direct interaction of our students with the external community represented by its youth, family and teachers.

Has resulted in prior experience in the field of vocational training, typical curriculum knowledge, and access to information which in the language multimedia and current pedagogical practices appropriate to the contemporary. And gives the student body of more IEFD experience social, political and sports, through multidisciplinary and inter-institutional activities.

Gives them also the opportunity to work with the external community, living with his problems, the search for joint solutions by encouraging the practice and dissemination of this modality in the schools of elementary and secondary education in public and private state, increasing the field work of physical education professionals.



Graduates of Physics and Ed LAMGRES fellows actively participate in extension activities and the exposure of their activities in academic events



The target of our outreach focuses on the international community - students of Physical Education of EDFI, teachers, servers and other stakeholders and external community - students of elementary and secondary public schools and individuals, their families and public general.



Displaying Groups of communities Mangueira and Jacarepaguá



To achieve the Meeting School committees created, integrated by our students, in charge of all the pre-, during and post event, with the aim of offering them a comprehensive and yet detailed of all the acts and facts needed to achieve a big event in the area of Physical Education.

After the event are prepared reports, charts and other documents that will subsidize the studies and analysis to be proceeded by the working groups.

Among the positive aspects that have been observed in the course of the meetings are as follows:
- Responsiveness highly favorable gymnasts and their families;
- The prestige enjoyed by our students of Physical Education with the external community;
The acceptability of this initiative has been supported by high demand for teachers and school leaders to attend the meeting, as well as its expansion into several other similar events at the initiative of the teachers involved in the participation of previous encounters School.

We in our laboratory and in projects linked with the collaboration of eight fellows UERJ two in Extension, two in the Introduction to Teaching and four in Stage Internal Complementary. They act mainly in extension activities, research, development of software aimed at small end activity and scholarly works, maintenance of the collections of the library, video library and a disco at the reception to the researchers and other visitors and in the continued implementation the LAMGRES.

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* Conference issued in 1972, the Creativity Symposium: Moving Force of Society, published in Creativity work of several authors (São Paulo, Moderna, 2001).

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THE PRACTICE OFF THE UNIVERSITY EXTENSION IN THE INSTITUTE OF PHYSICAL EDUCATION AND SPORT OF UERJ AND CONTRIBUTION OF RHYTHMIC GYMNASTICS

ABSTRACT

University Extension has become an academic practice at public universities in Brazil, UERJ and participates actively in this process.

This article seeks to make an approach on the extension activities undertaken at the Institute of Physical Education and Sports of UERJ using the Rhythmic Gymnastics as an anchor, a constant process of social inclusion, cultural and educational community outside.

Among the many goals that the activities of Extension can attend, we highlight those that most clearly, explain the academic and social commitment of the University.

Extension activities should give special attention to the opportunities they offer to students for reflection and action around issues of Physical Education in constant tune with the real needs and interests of the communities in which they are contextualized. Thus, it is important that the activities that establish as clearly as possible the limits of field experience to enable participants to clearly identify the objectives of the activity, encouraging results achieved.

The "Rhythmic Gymnastics Center" linked to the Project LAMGRES - Multidisciplinary Laboratory of Rhythmic Gymnastics with a focus on education and health, for fleshing out the various activities of the discipline / sport in our University is an interaction between the external and internal communities. Among these activities include the School Meeting Rhythmic Gymnastics IEFD / UERJ in its 21st edition, lectures with workshops, seminars, clinics, mini-courses and presenting work at scientific and academic events internal and external.

KEYWORDS: Continuing education, education, Rhythmic Gymnastics.

LA PRATIQUE DE LA EXTENSION DANS LE INSTITUT DE L'EDUCATION PHYSIQUE ET DU SPORT DE UERJ ET CONTRIBUTION DE GYMNASTIQUE RYTHMIQUE

RÉSUMÉ

Extension de l'Université est devenue une pratique d'enseignement dans les universités publiques du Brésil, UERJ et participe activement à ce processus.

Cet article vise à faire une approche sur les activités de vulgarisation menées à l'Institut d'éducation physique et des sports de UERJ l'aide de la gymnastique rythmique comme une ancre, un processus constant de l'inclusion sociale, culturelle et de la communauté éducative à l'extérieur.

Parmi les nombreux objectifs que les activités de vulgarisation peuvent y assister, nous mettons en évidence celles qui le plus clairement, d'expliquer l'engagement scolaire et social de l'Université.

Les activités de vulgarisation devraient accorder une attention particulière aux possibilités qu'ils offrent aux élèves de réflexion et d'action autour des questions de l'éducation physique en phase constante avec les besoins réels et les intérêts des communautés dans lesquelles elles sont mises en contexte. Ainsi, il est important que les activités qui créent le plus clairement possible les limites de l'expérience de terrain pour permettre aux participants d'identifier clairement les objectifs de l'activité, les résultats encourageants obtenus.

Le «Centre de gymnastique rythmique» liée à la LAMGRES Project - Laboratoire multidisciplinaire de la gymnastique rythmique avec un accent sur l'éducation et la santé, permettant d'étoffer les différentes activités de la discipline ou du sport dans notre Université est une interaction entre les communautés externes et internes. Parmi ces activités figurent l'Ecole de Gymnastique Rythmique Réunion IEFD / UERJ dans sa 21e édition, des conférences avec des ateliers, des séminaires, des cliniques, des mini-cours et de présenter le travail lors d'événements scientifiques et universitaires internes et externes.

MOTS-CLÉS: formation continue, l'éducation, Gymnastique Rythmique.

LA PRÁCTICA DE LA EXTENSIÓN EN EL INSTITUTO DE EDUCACIÓN FÍSICA Y DEPORTE DE UERJ Y CONTRIBUCIÓN DE GIMNASIA RÍTMICA

RESUMEN

Extensión de la Universidad se ha convertido en una práctica académica en las universidades públicas en Brasil, UERJ y participa activamente en este proceso.

Este artículo busca hacer un enfoque sobre las actividades de extensión realizado en el Instituto de Educación Física y Deportes de la UERJ utilizando la gimnasia rítmica como un ancla, un constante proceso de inclusión social, cultural y comunidad educativa exterior.

Entre los muchos objetivos que las actividades de extensión pueden asistir, se destacan las que más claramente, explicar el compromiso académico y social de la Universidad.

Actividades de extensión deben prestar especial atención a las oportunidades que ofrecen a los estudiantes para la reflexión y la acción en torno a temas de la Educación Física en sintonía permanente con las necesidades reales y los intereses de las comunidades en las que se contextualizan. Por lo tanto, es importante que las actividades que establecer lo más claramente posible los límites de la experiencia de campo para permitir a los participantes a identificar claramente los objetivos de la actividad, el fomento de los resultados obtenidos.

El "Centro de Gimnasia Rítmica" vinculado a la LAMGRES Project - Laboratorio Multidisciplinario de Gimnasia Rítmica con un enfoque en educación y salud, para dar contenido a las diversas actividades de la disciplina o el deporte en nuestra Universidad es una interacción entre las comunidades interna y externa. Entre estas actividades figuran la Escuela de Gimnasia Rítmica de la reunión IEFD / UERJ, en su 21 ª edición, conferencias con talleres, seminarios, clínicas, mini-cursos y presentación de trabajos en eventos científicos y académicos internos y externos.

PALABRAS CLAVE: educación permanente, la educación, la gimnasia rítmica.

A PRÁTICA EXTENSIONISTA NO INSTITUTO DE EDUCAÇÃO FÍSICA E DESPORTOS DA UERJ E A CONTRIBUIÇÃO DA GINÁSTICA RÍTMICA

RESUMO

A Extensão Universitária vem se consolidando como prática acadêmica nas universidades públicas brasileiras, e a UERJ participa intensamente deste processo.

Este artigo procura fazer uma abordagem sobre as atividades extensionistas empreendidas no Instituto de Educação Física e Desportos da UERJ utilizando-se a Ginástica Rítmica como âncora, num constante processo de inclusão social, cultural e pedagógico da comunidade externa.

Entre os muitos objetivos a que as atividades de Extensão podem atender, destacam-se aqueles que, de forma mais nítida, explicitam o compromisso acadêmico e social da Universidade.

As atividades de Extensão devem dar especial atenção às oportunidades que oferecem aos graduandos para ação e reflexão em torno de questões da Educação Física em sintonia constante às reais necessidades e interesses das comunidades em que estão contextualizados. Desta forma, é importante que as atividades desenvolvidas estabeleçam com a maior clareza possível os limites do campo de experiência, de modo a permitir aos participantes a nítida identificação dos objetivos da atividade, favorecendo a avaliação dos resultados alcançados.

O “Núcleo de Ginástica Rítmica”, Projeto vinculado ao LAMGRES – Laboratório Multidisciplinar de Ginástica Rítmica com foco em Educação e Saúde, procura consubstanciar as diversas atividades dessa disciplina/modalidade em nossa Universidade, num processo interativo entre as comunidades interna e externa. Dentre essas atividades, destacam-se o Encontro Escolar de Ginástica Rítmica IEFD/UERJ em sua 21ª edição, palestras com oficinas, seminários, clínicas, mini-cursos e apresentação de trabalhos em eventos científico-acadêmicos internos e externos.

PALAVRAS-CHAVE: Extensão universitária, educação, Ginástica Rítmica.

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