45 - LEGAL FUTSAL : DESIGNING THE FUTURE THROUGH SPORT AS SOCIAL INCLUSION TOOL IN THE MUNICIPALITY OF CACERES -MT

SALMO CÉSAR DA SILVA;
SANDRA ILMARA DA SILVA
1 - IFMT - Campus Cáceres, Mato Grosso, Brasil. 2 - Correios - CDD Cáceres, Mato Grosso, Brasil
salmocaceres@hotmail.com

doi:10.16887/86.a1.45

1. INTRODUCTION

With the intention of developing outreach activities, the Federal Institute of Mato Grosso (IFMT) - Campus Caceres, seeking to contribute positively to the transformation of social reality, providing opportunities for the consolidation of joint proposals through actions with the involvement and participation of all in building a more just and humane society, chose the Quality Education and the Sport Tool as propellants means to create conditions and opportunities for new generations to develop their potential as individuals, citizens and workers.

Reaffirming Affirmative policies, serving children in the age group 08-10 years in sports initiation activities in Futsal, through an experienced methodology in the development of human potential through the sports and leisure practices, such as educational and social instrument aimed at training of personal, social and productive cognitive.

Aiming to create opportunities children, conditions necessary to develop their potential to the process of self-realization and full exercise of citizenship through sports activities and issues related to health and quality of life, promoting the involvement and cooperation, integrating the IFMT and society.

2. THEORETICAL

Located on the northern edge of the Pantanal, the left bank of the Paraguay River, the city of Caceres consists of a traditional riverside population, typically Pantanal with approximately 90,000 inhabitants, who survive, greatly, fishing, pottery activity, craft and services menial. Being border region with Bolivia, it becomes a vulnerable corridor of smuggling and drug trafficking, significantly increasing the framework of violence and social risk, especially for children. These reasons that mobilize and sensitize various entities to fulfill its social role in favor of human development in the pursuit of improving the quality of life and opportunity for all. Low collection of the municipality does not allow sufficient investment to meet social demands, increasingly complex, and this makes the city look for new partners and agreements to minimize and assist in solving community activities deployment problems.

The sport as a great tool of transformation, social inclusion through attractive, mediator and integrator of individual and collective action, seeks to meet the desires, interests and needs of people. In this sense, this project Futsal Legal thought of as more an educational and social instrument, does not claim that its central axis turns to the structuring of a sports program in a comprehensive and humane education, so as to make a difference in the processes of transformation of existing social realities of children.

Starting from the raised issues, the project activities will be a complementary action to the education of students in some poor neighborhoods surrounding the Institute, strengthening the integrator via the various human dimensions and education processes, based on the key players involved in humanistic education - family, school and community to the significant build a broad educational and social process, for the sake of education and human development of children at social risk.

Taking advantage of this age group , important for the motor and emotional development of children , great for the acquisition and combination of new forms of movement (Meinel , 1984) , learning motor skills (WEINECK , 1989) , engine collection training (LUCENA 1994) and construction of ideas and values (Santana , 1996). To be successful in the next stage of sports performance (and also in the construction of a leisure culture and health) must comply oriented motor activities (MARQUES, 1991) , lived in playful and participatory climate (Santana , 1996). And through sports , specifically soccer, promote interaction between society and the Federal Institute of Education , Science and Technology of Mato Grosso .

3. METHODS, RESULTS, ANALYSIS AND INTERPRETATION OF DATA

João Batista Freire (1998) defines some guiding principles of pedagogical conduct in the football education, which keep being relevant to the futsal teaching, electing four principles: to teach football at all; teach football good to all; teach more than football at all; teach to love the sport. Thus, the methodological process will be built in this perspective, a participatory action planning and decisions taken collectively. Seeking in this way, the implementation, as needed, and timely interventions for the actions in the communities, aimed at transforming crafted reality by adapting to the context and local possibilities.

The project was initially developed with students in the age group 08-10 years belonging to cincurvizinhos neighborhoods IFMT - Campus Cáceres. Students included in the Project participated in physical and technical, initial and periodic evaluations in order to perform the initial diagnosis, monitoring of performance and quality of their work, as well as lectures on topics related to health and quality of life, cultural, relations between the media and sport, violence and sport, and food. An educational meeting with the coordinators, scholarship and executing team for evaluation, discussion and follow-up activities being held monthly.

Forms of tracking and monitoring of ongoing actions were diagnostic and continuous, pointing out not to be concerned only with the final result, but in such aspects as regards child-family-society by checking the level of development and performance, responsibility and professional self-realization. Seeking to follow up with the parents, the school unit to the same study, as well as the significant improvement in the course of the project classes.

The main results were: improved family integration, improvement in school performance, improved motor and emotional development of children, and automatically your quality of life.

As these results , and the search for new students , was given continuity of institutionalized fashion design , following the age of the students , and today, we have students on our campus that were design students.

Records are grouped in the form of reports, photos, videos, and systematic data for analysis as a historical record and a reference source of knowledge and didactic - pedagogic and social instruments produced

4. DISCUSSION AND CONCLUSIONS

Concern for children at risk in an attempt to gives opportunity them to be included in a playful activity, systematic, pedagogical nature is the foundation of this small and important educational activity. And it demonstrates that we can make such a difference. Numerous issues are relevant, first, student motivation in joining the project. Another important aspect refers to the relationship of parents and students, greatly improving the family relationship, accompanied by the project and reported by several parents in class schedules and meetings. Also raised in this research was the experience of making the monitoring of school performance, along with school unit, which allowed for significant improvement in learning.

The improvement of motor and emotional development, and automatically improving the quality of life, strengthens us more and more the need for institutions and physical education professionals, to use sport as a tool of social inclusion and education.

Finally, it is observed that the work of the legal Futsal Project reached and achieves its goals, as well as teaching learning the sport in question, provided an opportunity to promote health and physical fitness, purchasing habits and motor behaviors, and the understanding of sports as a cultural factor, stimulating feelings of solidarity, cooperation, autonomy and creativity, and not worrying about immediate results, leaving this moment for posterity, when it will begin the training of athletes, through more specific training .

One of the important factors being the continuation of the project Futsal legal, developing a systematic action of IFMT Campus Caceres, and the city, from 2015 in partnership with PROEX - Pro-Rector of IFMT extension, the Future project was approved, that works in the central area of the city of Caceres in the age group 12-16 years old. Providing opportunities for the monitoring of these students, in another perspective, the prospect of participation in sports competitions, but we'll talk another time.

Therefore, the initiation of work with any sport , you need to seamlessly occur between theory and practice - a human-creator and responsible exercise that , governed by its own pedagogy , transmit much more than learning coaches gestures , but ethical, social and moral values that should be taught through the various possibilities that the concept of sport covers , so you can make the student a being and transforming agent of his time, concerned about a citizenship allowing him to live well in whatever is the path chosen by him , then.

5. REFERENCES

CASTELLANI Son, L. Physical Education in Brazil: history that is not counted. Campinas / SP. Papirus 1998.

CORREA, IL S. School Physical Education: Reflection and curricular action / Ivan Livindo Senna Correa, Roque Luis Moro. Ijuí: Unijuí Ed., 2004.

Darido, S.C . To teach physical education: possibilities of intervention in school / Suraya Cristina Darido, Osmar Moreira de Souza Junior. Campinas-SP: Papirus, 2007.

FREIRE, J. B. Football Education. London: Midiograf 1998.

LUCENA, R. Futsal and initiation. Rio de Janeiro, Sprint, 1994.

MARQUES A. Early specialization in Sports Preparation. Athletic Training. 1991; 2: 9-15.

MATTOS, Mauro G. & NEIRA, Mark G. Physical Education in adolescence: building knowledge at school. São Paulo: Editora Phorte 2000.

MEINEL, K. Mobility II - The motor development of the human being. Rio de Janeiro: At the Technical Book, 1984.

SANTANA, W.C. Futsal: methodology of participation. London: Lido, 1996.

SILVA, S.C. The teaching and learning in physical education classes process in the technical course IFMT of agriculture (Master's thesis) UFRRJ, Institute of Agronomy, PPGEA 2011.

WEINECK, J. Sports Training Manual. 2.ed. Sao Paulo: Manole, 1989.

LEGAL FUTSAL : DESIGNING THE FUTURE THROUGH SPORT AS SOCIAL INCLUSION TOOL IN THE MUNICIPALITY OF CACERES -MT

ABSTRACT

The Futsal legal, social sports project aims to act preventively with the children at social risk, arising from minimum income family, a complementary action of the School. Aiming, oportunizar children, conditions necessary to develop their potential to the process of self-realization and exercise full citizenship through sports activities, specifically futsal, and issues related to health and quality of life, promoting the involvement and cooperation. And IFMT Campus Cáceres, through the sport as a great tool for transformation and social inclusion, developed with students aged 08-10 years selected through records of entries made in the school units from surrounding neighborhoods IFMT - Campus Cáceres taking priority students who participate in programs of the Federal Government. Students included in the Project participate in anthropometric, physical and technical, initial and periodic evaluations in order to perform the initial diagnosis, monitoring of performance and quality of their work, as well as lectures on topics related to health and quality of life issues cultural relations between the media and sport, violence and sport, and food, in addition to monitoring school performance. The Futsal Legal Project aims to achieve specifically, and the development and learning of the sport in question, the promotion of health and physical fitness, purchasing habits and motor behaviors, and understanding of sports as a cultural factor, stimulating feelings of solidarity , cooperation, autonomy and creativity. The important results, refer to the improvement of family relationships, significant improvement in school learning, as well as the improvement of the motor and emotional development, and automatically improving the quality of life.

KEYWORDS: Physical Education, Sport , Sports Initiation

FUTSAL JURIDIQUE: CONCEVOIR LE FUTUR PAR LE SPORT COMME OUTIL DE L'INCLUSION SOCIALE DANS LA MUNICIPALITÉ DE CACERES-MT

RÉSUMÉ

Le projet de futsal, sports sociaux juridiques vise à agir préventivement avec les enfants à risque social, découlant de la famille de revenu minimum, une action complémentaire de l'école. Viser, les enfants oportunizar, les conditions nécessaires pour développer leur potentiel dans le processus de réalisation de soi et d'exercer la pleine citoyenneté à travers des activités sportives, en particulier de futsal, et les questions liées à la santé et la qualité de vie, la promotion de la participation et de la coopération. Et IFMT Campus Cáceres, à travers le sport comme un excellent outil pour la transformation et l'inclusion sociale, élaboré avec les élèves âgés de 08-10 ans sélectionnés dans les registres d'entrées réalisées dans les unités scolaires des quartiers entourant IFMT - Campus Cáceres , avec une priorité donnée aux étudiants qui participent à des programmes du gouvernement fédéral. Les étudiants inclus dans le projet de participer à des évaluations anthropométriques, physiques et techniques, initiaux et périodiques afin d'effectuer le diagnostic initial, suivi de la performance et de la qualité de leur travail, ainsi que des conférences sur des sujets liés à la santé et la qualité des questions de la vie les relations culturelles entre les médias et

le sport, la violence et le sport, et de la nourriture, en plus de la performance de l'école de surveillance. Le projet juridique Futsal vise à atteindre en particulier, et le développement et l'apprentissage du sport en question, la promotion de la santé et la forme physique, les habitudes d'achat et les comportements moteurs, et la compréhension de sport comme un facteur culturel, stimuler les sentiments de solidarité , la coopération, l'autonomie et la créativité. Les résultats importants, se réfèrent à l'amélioration des relations familiales, une amélioration significative dans l'apprentissage de l'école, ainsi que l'amélioration du moteur et le développement émotionnel, et d'améliorer automatiquement la qualité de vie.

MOTS-CLÉS: éducation physique, sport, sports initiation.

FUTSAL LEGAL: DISEÑANDO EL FUTURO A TRAVÉS DEL DEPORTE COMO HERRAMIENTA DE INCLUSIÓN SOCIAL EN EL MUNICIPIO DE CACERES-MT

RESUMEN

El proyecto, deportes sociales Futsal fresco pretende actuar de forma preventiva con niños en riesgo social derivada del ingreso familiar mínimo, una escuela adicional. Point, dando la oportunidad para que los niños necesitan para desarrollar su potencial para el proceso de auto-realización y el ejercicio de la plena ciudadanía a través del deporte, especialmente el fútbol y condiciones de las cuestiones relacionadas con la salud y calidad de vida, promover la participación y la cooperación . Y IFMT Campus de Cáceres, a través del deporte como herramienta para la transformación y la inclusión social, desarrollado con estudiantes de 08-10 años seleccionadas a través de las entradas de registro realizadas en unidades escolares en torno a los barrios IFMT - Campus de Cáceres, dando prioridad a los estudiantes participar en los programas del Gobierno Federal. Los alumnos incluidos en el Proyecto de participar en las evaluaciones antropométricas, físicas y técnicas, iniciales y periódicos con el fin de hacer el diagnóstico inicial, la supervisión del rendimiento y la calidad de su trabajo, así como conferencias sobre temas relacionados con la salud y la calidad de las relaciones la vida cultural entre los medios de comunicación y el deporte, la violencia y el deporte, y la comida, y la supervisión del rendimiento escolar. El Proyecto de Futsal Legal quieren lograr en particular y para el desarrollo y el aprendizaje deportivo en cuestión, la promoción de la salud y estado físico, los hábitos de compra y comportamientos motores, y la comprensión de los deportes como un factor cultural, estimulando los sentimientos de solidaridad, la cooperación, la autonomía y la creatividad. Los resultados importantes, se refieren a la mejora de las relaciones familiares, una mejora significativa en el aprendizaje del estudiante y mejor desarrollo motor y emocional, y mejorar automáticamente la calidad de vida.

PALABRAS CLAVE: Educación Física, Deporte, Deporte de Iniciación.

FUTSAL LEGAL: PROJETANDO O FUTURO, ATRAVÉS DO ESPORTE COMO FERRAMENTA DE INCLUSÃO SOCIAL NO MUNICÍPIO DE CÁCERES-MT

RESUMO

O Futsal Legal, projeto esportivo social, visa atuar de forma preventiva junto às crianças em situação de risco social, oriundas de família de renda mínima, numa ação complementar da Escola. Tendo como objetivo, oportunizar as crianças, condições necessárias para o desenvolvimento de suas potencialidades para o processo de autorealização e exercício pleno da cidadania, através de atividades de esportes, especificamente o futsal, e temas relacionados a saúde e qualidade de vida, promovendo o envolvimento e cooperação. E o IFMT Campus Cáceres, por intermédio do esporte como uma grande ferramenta de transformação e inclusão social, desenvolvido com alunos na faixa etária de 08 a 10 anos, selecionados através de fichas de inscrições realizadas nas Unidades Escolares dos bairros circunvizinhos ao IFMT - Campus Cáceres, tendo prioridade os alunos que participam de programas do Governo Federal. Os alunos contemplados no Projeto participam de avaliações antropométricas, físicas e técnicas, iniciais e periódicas, com o objetivo de realizar o diagnóstico inicial, acompanhamento do rendimento e qualidade do trabalho desenvolvido, bem como palestras sobre temas relacionados a saúde e qualidade de vida, questões culturais, relações entre a mídia e o esporte, violência e esporte, e alimentação, além do acompanhamento do rendimento escolar. O Projeto Futsal Legal visa atingir especificamente, além do desenvolvimento e aprendizado da modalidade esportiva em questão, a promoção da saúde e da aptidão física, a aquisição de hábitos e condutas motoras, e o entendimento do esporte como um fator cultural, estimulando sentimentos de solidariedade, cooperação, autonomia e criatividade. Os importante resultados, referem-se a melhora da relação familiar, melhora significativa no aprendizado escolar, bem como, a melhora do desenvolvimento motor e emocional, e automaticamente na melhoria da qualidade de vida.

PALAVRAS-CHAVE: Educação Física, Esporte, Iniciação Esportiva.