70 - #TRANSFORMANDOSUOREMOURO: BEHIND A BALL HAS A PHILOSOPHY

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INTRODUCTION

During the historical process of humanity, Physical Education exerted and exerts even more nowadays, their relevant contribution. In ancient Greece, the cult and today, the society, particularly the Managers and health professionals, due to the pursuit of quality of life.

The Brazil since 2011, has been running sports tsunami, and therefore, the host of the biggest sporting events on the planet, which begins with the Military World Games, to 2016, when it will host the Olympic Games and Paralympic summer in the city of Rio de Janeiro / RJ.

This year, for example, as a country, we were the organizers of the World Cup Soccer FIFA, which undoubtedly despite protests brought great benefit to our country.

Faced with such magnanimous episodes, in contrast, despite the knowledge of how much the salutary practice of Physical Education contributes to improved quality of life in physical education, we are faced with situations that are a priori inadmissible because, schedules available and offered spaces are inadequate to this activity;

Weather conditions associated with inappropriate times (last classes of the day), because despite being central, the Educandário study, one of the most traditional of public education in Pernambuco, the vast majority of students extend more than ten (10) miles from their homes what a cyclist makes this route within thirty (30) minutes, but in the chaotic traffic of the city of Recife, during peak hours, using public transportation, that distance, beyond the ninety (90) minutes of a regular starting time football.

Further exacerbating this derivative, sometimes the schedules are used by Physical Education School for other extracurricular activities, and for such use only gym available for training, ie, it is prevented, that develop sports activities, which contribute worthily when graduating students. (STEINHILBER, 2012)

Unfortunately this practice is not isolated, the Physical Education Professionals, particularly in the public schools we visited, especially those named Schools of reference, is virtually abolished the activity of physical education, to training, this does not exist; only one or the other teacher by passion, predisposes to form representative teams to participate in the State School Games, thus enabling the possibility of these teens practice a healthy activity that will not only benefit the physiological health, but also psychological, moral, finally, a framework concepts that will benefit throughout their lives.

The experiment takes place in the scenario outlined above, this time with the basketball; sport that lacks a more accurate fine coordination, requiring precision of its athletes at dribbling, passing and shooting (Walker, 1999), using the scenario described as an adverse effect in this introduction and considering the results, but modest compared to the potential of students / athletes.

The big challenge was to reconcile overcoming adversity and achieving form teams of male and female suits, and child in the Bantam competitive categories, but additionally raise through this salutary practice, self-esteem, the fighting spirit achieved through resilience, belonging and extract the lessons of sports, lessons were worth it for a lifetime, making them capable of exercising citizenship (Moraes, 2011), in a democratic state.

The idea comes after the poor results achieved in 2013, during the final stage of the 54th School Games of Pernambuco, finals, held in the city of Garanhuns / PE, when the men's basketball team at the College of PMPE won only one of 03 (three) matches your key and the winning female team did not come out in any of the matches. What to do in the face of many difficulties and failures? How to make this team continued training and the lower categories remain healthy this practice?



Figure 01 - Picture of the teams of male and female basketball College of PMPE. Guadalajara Plaza, Garanhuns / PE.

Faced with these questions, after reflection and thanks, here we encounter the book Turning sweat into gold, from the Brazilian National Technical Volibol Male, nothing less than Rezende.

The key to a great mission was open, the fuel to propel our boys were there; reading every word, sentence, chapter, whole book, rereading, well ... there were lessons that were crucial to lift the squad of our team, get results in court, involving family, friends, the school, was to give back above, believe in the ability of each and give steps in the formation of the citizen.

The road would be hard, but looking back and seeing each step, and taking the hand of the powerful tools available in smartphones, aiming spread information as quickly as possible through appropriate language (Bakhtin), we could change behavior (Vygotsky) and form a large network, a group that was related by whatsapp, Facebook, own site, thus forming a large network (HARASIN).

Consists then make processing the trainings, the games, everything about basketball, but propel the team to new horizons, to value this practice which is so salutary basketball, graduating citizens, we are well on the m-learning (ANT)

It is that of a breadwinner in exploratory research and argumentative, inductive methodology article, bibliographic searching experiences and experiments performed in training and applied in competitions, guiding to the students / athletes realize the sport, even as income, as another opportunity to put into practice lessons learned in the classroom example of

Sociology (Theory Clock), Physics (Force and inertia), mathematics, logic, finally, to apply knowledge to grasp the game and in life.

The optimization of this knowledge is through the great ally of the century, the use of existing tools on mobile devices, for on many occasions, stimulating all through the m-learning (ANT).

The result of educational provision was an explosion of titles won in competitions, partnership with families, invitations to private schools to participate in their Copas (The College of PMPE is a public school), competing on an equal footing competitions associated with traditional schools the favorable working conditions, taking pride in our athletes feel belonged to the group and further, imposing the discipline, a party that composes equally with schooling, Education.

The infographic below shows the theoretical well field in which the study is based:

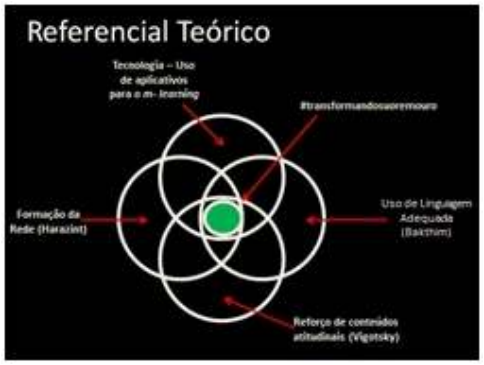


Figure 02 - This set of knowledge will optimize training basketball and create opportunities to students / athletes to observe the world through different eyes.

#transformandosuoremouro

Our Magna Carta, brings in his text, that "Education is a right and duty of the State and the family, and should be promoted and encouraged collaboration with the society to the full development of the person, and prepares it for work. "(Moraes, 2011, p.857)

Based on this guidance and with the concepts of Rezende understand the importance of being aware of all that everyone has to do their job to the whole team will become the winner, we go behind the teachings that would enable opportunity for athletes of our teams overcome the difficult phase that passed in 2013 and build a successful chapter.

However, not only constituted in teaching basketball, the project consists in teaching our athletes to learn from experienced situations in courts, applying them in life, behold, according to Celso de Mello Moraes cited:

> "Education is more comprehensive and inclusive than the mere instruction. The objective education provide the necessary training to develop the skills, potentials and personality of the student. The educational process is aimed at: (a) qualify the student to work; and (b) prepares you for the conscious exercise of citizenship. Access to education is a form of concrete realization of the democratic ideal. "(Moraes, 2011, p. 855-856)

Having by retaining these teachings, then we develop the group's activities in different arrangements, so that students feel responsible and committed to the task of building a differentiated basketball, but associated with teachings that were worth living for.

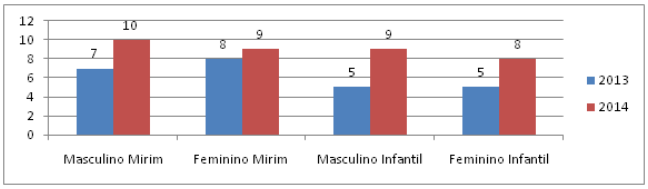
And the method was as follows:

a) When all the teams stopped training at the College of PMPE, the training of our teams spanned twenty (20) days, ie, until the day December 30, 2013.

b) The training was also initiated on vacation, precisely in January 15, 2014, when the training of the College, only began in mid-March 2014, the day after the carnival, ie, we were all ready for competitions before teams start their training.

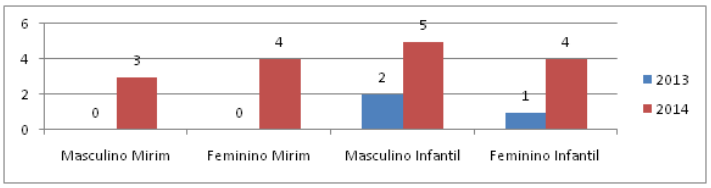
Under this view, Education should also be seen as liberating, a truly free man, being so Democratic. (Wanderley, 2010)

To get a sense of the results achieved by our teams, by virtue of interaction promoted by the Learning Network created, mediated by a biopsychosocial language of the athletes involved, meant that we raised the amount of athletes, these, by virtue of its motivations and behavioral changes , obtain elevated quality to the point of being absorbed in clubs vying Pernambuco basketball championship:



Graph 01 - Ratio of the number of athletes from basketball at the College of PMPE, regarding 2013/2014. Source: College of PMPE.

Demonstrates the increase in the number of athletes in all categories and suits, even with the most required training because everyone was motivated to win titles, and be recognized for their achievements, involving parents in the process, purpose of education. interesting in this respect, as we said above, not only constituted the increased number of athletes, but in the induction of these athletes for clubs, as seen below:



Graph 02 - Number of athletes called to defend Clubs in 2014. Source: The author.

This situation should result in improved quality to defend Clubs already in the sport of income, compared to raising the quality of the technical level of athletes and their performances in games.

But the result of these sports activities, which oportunizaram results for our students very expressive, not just the titles won in Official Competition of the State of Pernambuco, but Copas promoted by private Educandários, let it be said in passing, a high technical level but yea, held dialogues, when the results were not favorable and the athletes tried to blame the failure, let's see some of these dialogues:

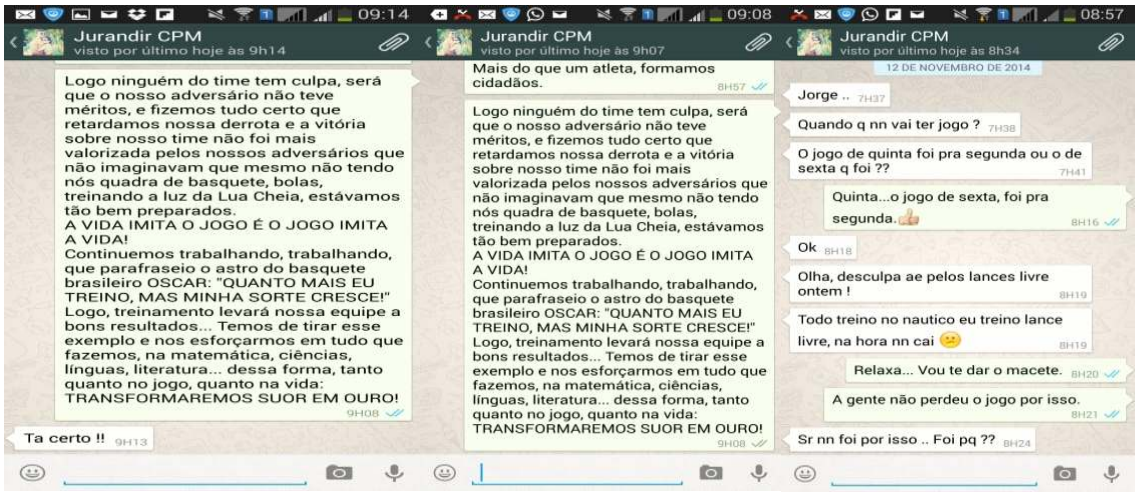


Figure 03 - Part of a dialogue with an athlete and your sharing.

The result of the previous discussion, the division of responsibilities, the sense of team has made the group feel compelled to assume the burden of the result and leave no one blaming or other athlete, and the mediation of Professional Physical Education in process benefited the group to recover and clinch the runner-up in the competition, like the 1st place because everyone gave their best in the Copa Vera Cruz.



Figure 04 - Interaction, sharing, family involvement. #transformandosuoremouro. Source: The author.

But these actions were not only privilege the male staff, situations like the one described above are constant and all teams; pictured above is the male child who knew staff overcome and to share the responsibility, the true meaning of living in a group. They were champions for only 01 (one) point, but the real behavior change, adherence to attitudinal contents, which turned teams in promising citizens through constant reinforcement of the virtual environment unique network group.

However, considering the scenario that currently puts this process of bringing knowledge to students, only a hierarchical process, there will be creation of a mediating bridge for word (Bakhtin, 1997), between the sender and the receiver of the message, so the information that predisposes to attitudinal goal (Vygotsky), did not reach that goal if not dialogic.

> Attitudinal contents can be grouped into: values, attitudes and norms. Among these we can highlight content for example: cooperation, solidarity, teamwork, love of reading, respect, ethics. Worthwhile to emphasize that these contents are steeped in emotional relationships and collusion that somehow can be disregarded by the school as an important content to be worked. (Coll, César. 1986)

It's about this towards the construction of knowledge that addresses the apprehension of the learning that "m-

learning" route should be based, seek breadwinner in dialogism, a dual construction, not just hierarchical and repetitive, because we are dealing with complex mental operations that Military Police will require the processing power of ideas, an apprehension of responsive and responsible knowledge, not always requiring authorization from his superior to make decisions that he knows to be right.

In this constructivist process of continuous knowledge, one must combine a dialogic language, so that the speech is understandable.

Taking as a reference point only primary genera leads inevitably to trivialize them (extreme trivialization represented by behaviorist linguistics). The interrelationship between the primary and secondary genres on one side, the historical process of the formation of secondary genres on the other, this is what explains the nature of the utterance (and, above all, the difficult problem of the relationship between language ideologies and worldviews). (Bakhtin, 1979, p. 282)

The result achieved hit all teams, for that present the table below:



Figure 05 - From right to left the team Infantile Female, Male Bantam team, the female Bantam team. Vice-Champion, Runner-up and 3rd place respectively of the 55th School Games of Pernambuco in 2014, besides other achievements (Figure 4). Source: The author.

CONCLUSION

Considering the above this article, we can say that we, Physical Education professionals are able, through our multidisciplinary team, to face our fields, contribute to changes in scenarios and optimize expected outcomes for schooling and education, both contributing to the formation of citizen.

Thus, the experience of #transformarsuoremouro, is a real possibility of expressing not only athletes, but citizens.

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ABSTRACT

This article aims to demonstrate the viability of Professional Physical Education offer their contribution of multidisciplinary manner, using the technology available today on an ally to overcome difficulties, giving opportunities to students to seek new paths and through guided practice of Physical Education, contextualize everyday and will become a citizen through the mediation of conflicts, using appropriate language, aimed at changing behavior. The experience is with the basketball teams of the College of PMPE, who managed to inspire the teachings of the book Turning sweat into gold, the renowned Brazilian coach selected volibolRezende, and internalizing their ideas, succeeded in 365 (three hundred and sixty five) days, turning a simple basketball team as one of the references in Pernambuco, but even more was the formation of character and attitude change implemented.

KEYWORDS: Interaction, Physical Education, Network.

#TRANSFORMANDOSUOREMOURO: DERRIÈRE UNE BOULE A UNE PHILOSOPHIE

RÉSUMÉ

Cet article vise Manda à la viabilité de professionnels de l'éducation physique apportentleur part de manières multidisciplinaire, en utilisant la technologiedisponibleaujourd'huisur un allié pour surmonter les difficultés, donner la possibilité aux étudiants de chercher de nouveaux chemins et par unepratiqueguidée de l'éducation physique, en contextequotidien et devenir un citoyen à travers la médiation des conflits, en utilisant un langageapproprié, visant à modifier les comportements. L'expérienceest avec les équipes de basket-ball du Collège de pmpE, qui a réussi à inspirer les enseignements du LivreMisesueur en or, l'entraîneurbrésilien de renomméesélectionnévolibolRao, et internaliserleursidées, a réussi à 365 (365) jours, tourneuneéquipe de basket-ball simple à l'une des références en Pernambuco, mais encore plus a été la formation du caractère et l'attitudechangementmis en œuvre.

MOTS-CLÉS: interaction, l'éducation physique, réseau.

#TRANSFORMANDOSUOREMOURO: DETRÁS DE UNA BOLA TIENE UNA FILOSOFÍA.

RESUMÉN

Este artículo tiene como objetivo Manda a laviabilidad de losprofesionales de Educación Física ofrecersucontribución de modales multidisciplinar, utilizando latecnología disponible en laactual idadenun aliado para superar lasdificultades, dando oportunidades a losestudiantes para buscar nuevoscaminosya través de lapráctica guiada de laEducación Física, contextualizar todos losdías y lavoluntad convertir see nun ciudadano a través de lamediación de conflictos, el uso de lenguajeadecuadasencaminadas a cambiar elcomportamiento. La experienciaesconlosequipos de baloncesto de launiversidad de PMPE, que logró inspirar a lasenseñanzasdel libro Turningsudoren oro, elreco nocidoentrenadorbrasileño seleccionado volibol Rao, y lainternalización de sus ideas, tuvoéxitoen 365 (trescientossesenta y cinco) días, convirtiendoun

equipo de baloncestosimple de una de las referencias en Pernambuco, pero aún más fuela formacióndel carácter y laactitud cambio implementado.

PALABRAS CLAVE: Interacción, Educación Física, Rede

#TRANSFORMANDOSUOREMOURO: ATRÁS DE UMA BOLA TEM UMA FILOSOFIA.

RESUMO

O presente artigo tem por objetivo demonstrar a viabilidade do Profissional de Educação Física ofertar sua contribuição de modo multidisciplinar, utilizando a tecnologia hoje disponível em um aliado para superar dificuldades, dando oportunidades aos discentes de buscar novos caminhos e através da prática orientada de Educação Física, contextualizar cotidianos e venha a se transformar num cidadão, através da mediação de conflitos, utilizando uma linguagem adequada, visando a mudança de comportamentos. A experiência se dá com as equipes de basquetebol do Colégio da PMPE, que conseguiu se inspirar nos ensinamentos do livro Transformando suor em ouro, do renomado técnico do selecionado brasileiro de volibol Bernardinho, e internalizando as suas ideias, conseguiram em 365 (trezentos e sessenta e cinco) dias, transformar uma simples equipe de basquete, como uma das referências em Pernambuco, mas mais ainda, foi a formação do caráter e mudança de atitudes implementadas.

PALAVRAS-CHAVE: Interação, Educação Física, Rede.