# 202 - THE CAPOEIRA AND ITS PAPER WHILE AGENT OF SOCIAL TRANSFORMATION: THE CASE OF PROJECT CAPOEIRA AND CITIZENSHIP KEPT FOR THE VIKING ASSOCIATION

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The Capoeira presents in its passage of historical evolution, distinct conditions. In the past, time of its sprouting in Brazil, its gestures meant the fight for emancipation of the slaves who tried to run away from maltreatment. It appeared as survival form, later passed for a discrimination phase and persecution and today is accepted and represents an efficient way of education. Being able to be used by all the areas of knowing, the Capoeira appears as it disciplines all obligator of Courses of Physical Education in some Institutions of Superior Education of the country. If to observe the current curricular sources of the Physical Education, either in relation to the gymnastics, the dance, the games or the sports, the Capoeira can be considered one of the activities culturally constructed human beings who more take care of them. In the picture elaborated for Hunter (2000, P. 22-24) some forms meet to analyze the Capoeira under the optics of the Physical Education that justify this affirmation: Activity gymnastics Due its gestual diversity to authorize movements riquíssimas what it touches to the originalidade, variability and neuromotora requirement. Worked corporal segments of diverse forms (direction, intensity, direction, contraction, etc. as estimuladores of physical valences). Dance Its exercise is commanded by the rhythm of the instruments it affection, rhythm this that will have to be respected for a correct organization of the game. Rhythmic activity the fact of all to have to play the diverse instruments of percussion makes with that all are benefited of a rhythmic perception. E still, the learned, inserted sequences of movements in the rhythmic compass, has similar effect to the one of the choreographic sequences of the dance, in terms of neural control. Game the proper constitution of the Capoeira (the game of the Capoeira) Trick the playful character if evidences favoring the integration of the citizen in the all communitarian one (social), where it will have that if to affirm as only e as part of all. Sport has seen the mercantilização already to have reached all the social sectors. Although incipient the esportivo factor already becomes gift in competitions of Capoeira Strengthened for Lussac (1996, p.37): Of the psicomotora part, it can be spoken that the Capoeira develops the motor coordination, exploring its lateralidade, the perception of the proper body and its relationship with other bodies (people); it also develops the static balance and dynamic and the perception space-weather, conjugating as the rhythm (instrumental and I sing), that also cadencia the speed and intensity of the movements to be developed. Together with the diafragmática breath that is perfected by it I sing, pro example, the perfect control of the breath (educating it unconsciously) between harmony through the continuous motivation, with different and alternated movements. The muscular resistance, force, aeróbica and anaeróbica capacity, agility, balance, impulse and flexibility widely are worked with a great number variations, through the movements, as much that in this art the creativity and corporal expression are basic. Another factor in which the Capoeira intervenes is in relation to the affective-social development, in the measure where practical its leads inevitably to the establishment of social relations with the group in which if he is inserted. When the pupil practises the Capoeira, it makes in its amplitude, if putting into motion, creating, thinking about as if to leave better, innovating situations and stimulating its friend to make the same and still if they express together, they play together, they play, if they communicate, they interact with one another, they teach and they learn. Through the wheel of Capoeira it is possible that it has the relation with the friend, establishing a knowledge of its possibilities, advantages and limitations, in almost a negotiation. What it is basic for the development of the mutual respect and the humildade, essential attributes pair a healthful social life. The social interactions develop, still, the sense of cooperation, leadership, responsibility and participation, factors that contribute to widen the Inter-social dialogue between social agents who perhaps did not have this chance in another occasion of its lives. After all, in accordance with Freitas (2003) in the wheel of Capoeira, all are white and all are black, all are rich and all are poor: they are all equal ones. For Rock (1994, p, 58) "still we can detach that mysterious and inexplicable sensible one that each individual inside loads of itself in the memento to enter in the wheel and that it does not have research that if concentrates in this detail that can in them bring as many revelations". We believe that the Capoeira, then, if makes solid each day more and justifies its existence as content of the Physical Education, either applied it in the schools or centers that aim at the esportivo development. In a didactic conception we consider the Capoeira a complete physical activity, therefore it acts in direct and indirect way on the cognitivos aspects, affective and motor. Being faced as playful and instrucional, it articulates activities of visomotor development with artistic and social development taking the child to establish relations from proper it, fact that becomes the multidirectional Capoeira, a time that will allow, since that adequately lead, to develop in the child balance slight knowledge and it disciplines (Saints, 1993, p 119) Leaving of the point of view of that "the Capoeira also educates" (Hawk, 1991) we understand that some enterprise institutions come investing in the activity as half to transpose to the external community its objectives how much its Social Responsibility. It is the specific case of the Association Viking, the association of the employees of the Volvo, that counting on the sponsorship of the Volvo of Brazil through the Federal Law of Incentive to the Culture (Law n º 8,313/91) keeps the Project Capoeira and Cidadania. The Law of Incentive to the Culture (Law n º 8,313/91) institutes the National Program of Support to the Culture (Pronac), formed for three mechanisms: Deep the National one of Cultura (FNC), the Tax incentives (Patronage), and the Cultural and Artistic Investment fund (Ficart). The Viking Association if pautando in the mechanism of Tax incentives (Patronage) provided to the community the Project Capoeira and Cidadania, believing the potential of the Capoeira while transmissora of values as: respect, friendship, cooperation, among others which as much needs the current society. Capoeira and Cidadania: a significant experience The Project Capoeira and Cidadania has as objective the accomplishment of formative workshops for seventy (70) young with ages understood between seven and sixteen years and that they must be duly registered in basic and/or average education, aiming at to prepare and to raise auto-they esteem of young and adolescents of diverse social classes of Curitiba and region metropolitan, having the practical one of the Capoeira as half of Education, cultural valuation and formation of conscientious individuals of its paper while citizens. According to Manager of the Viking Association, Mr. Eduardo Giglio, the Project Capoeira and Cidadania, more specifically marks the beginning of a new phase of the art of the Capoeira in the e region, in the Quarter of the Industrial City where they are the installations of the Association. He approaches the philosophy of the Capoeira and its paper in the construction of a Brazilian identity, analyzing the popular knowledge and the process that he transformed, throughout two hundred years - a warlike game of slaves in genuinamente Brazilian a cultural manifestation that if spreads for the whole world. He has broken myself of the premise of that the Capoeira, while practical social, serves the intentions in agreement the place where it is practised and who practises it. Going of meeting what it considers the Hawk (1996, p.100) when it affirms that "the wheel of Capoeira is about a small universe that reflects the diversity of the relations of being able effective in the society". The idea of the Project is that this acts of a practical form collaborating for the formation of children and adolescents in future citizens, transmitting values

through studies and knowledge of the Capoeira, while practical pedagogical and cultural, supported for the proper conception defended for many masters of Capoeira that understand-in as life philosophy. Philosophy this, pautada in moral principles as mutual respect, self-control and disciplines. For being a project of qualitative and quantitative matrix, he is being privileged the method of participant comment, evidencing that the Capoeira possesss pedagogical efficiency, less for the peculiarity of its corporal movements and more for the philosophy that if keeps transmitted through the master of Capoeira and during the "wheel" and, in way even so differentiated, incorporated for the participants. The participants of the Project Capoeira and Cidadania, beyond having lessons given for the Professor Jorge Luiz de Freitas, also known as "Piriquito-Green", exponent in the pedagogical work of the come back Capoeira the children and young, also receive gratuitously its indumentária (uniform) for the lessons, as well as feeding and have carried the events and cultural exhibitions the one that if considers. Finally, he fits to stand out enters the results gotten since the creation of the Project in August of 2005, that several are the individual talentos arisen by the practical one of the Capoeira and that has had a significant improvement in such a way in terms of behavior (disciplines) as in notes of bulletins, commented for the pertaining to school direction of the young, that also has frequent contact and if it keeps articulated to the Project. However, more than any demonstrated practical result, the important one is to observe the personal growth of each involved adolescent and its satisfaction in participating of the Project. These phenomena had been evidentes at the moment of the Baptism of Capoeira occurred in the month of October of 2006, an event where the exchanges of graduations in function of the persistence of each pupil are made. The event counted on the presence of the parents of the participants, familiar guests for them and great masters of Capoeira, in special, Master Shirt president of the Brazilian Association of Support and Desenvolvimento of Art - ABADÁ-Capoeira. Thus, one expects that the Project Capoeira and Cidadania can continue acting next to the adolescents and young as irradiador mechanism not only of the citizenship properly said, but as incentivador of a process of social change of its participants, with the rise of auto-they esteem of the child and the adolescent; assisting in the construction of its social identity. Much more of what the physical performance, expects to reach the conscience of the participant (Viana&Silva, 2005). It is not treated, then, to form capoeira players, but to help in the formation of human beings capable to deal with the difference, with the alteridade, becoming free of more tolerant preconceptions and. Everything this, through the Capoeira.

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**SUMMARY**

The objective of this study is to perceive and to stand out the importance of the Capoeira while half of Education of transmission of social values. It is possible to point out that when establishing the bridges between the knowledge accumulated in the human development, in its varied flowing, we primamos for adequate the educative valuation of a manifestation riquíssima that beyond all the advantages still are proper and exclusive of the Brazilian people. For in such a way the comment of the development of the Project Capoeira and Cidadania, kept for the Association of Employees of the Volvo of Brazil, the Viking Association fits, through the Law of Incentive to the Culture (Law n º 8,313/91). The Project takes care of seventy young of seven to dezessete years of age and not only aims at the formation of athletes technical prepared well, but mainly, the formation of responsible and conscientious individuals of its paper while citizens. The results until gotten here are fruit of great quarrel, reflection and analysis on the part of its idealizers and mantenedores, which join its "to know" to the ones of the proper participants of the Project in an incessant search for social transformations that can come to contribute for the construction of a society each better day and more human being.

**Word-keys**: Capoeira; Project of Social Action; Citizenship.

**UN CAPOEIRA E O SEU PAPEL ENQUANTO AGENTE DE TRANSFORMAÇÃO SOCIAL : O CASO FONT PROJETO CAPOEIRA E CIDADANIA MANTIDO PELA ASSOCIAÇÃO VIKING**

**RESUMO**

Sociais ressaltar de de valores de transmissão de de Educação de de meio d'enquanto de Capoeira de da d'importância du perceber e d'é d'estudo de desse d'objetivo d'O. Les estabelecermos salientar du que ao de possível d'É en tant qu'acumulados de conhecimentos d'OS d'entre de pontes aucun humano de desenvolvimento, vertentes de variadas de suas de NAS, riquíssima que além de todas de manifestação d'educativa adequada de uma de valorização de pela de primamos en tant qu'exclusiva du própria e d'é d'ainda de vantagens font le brasileiro de povo. Le cabe de tanto de Para. un observação font le desenvolvimento font Projeto Capoeira e Cidadania, da Volvo d'Associação de Funcionários de pela de mantido font Brasil, un Associação Viking, à Cultura (Lei n°8.313/91) de Lei de Incentivo de da d'através. Visa de dezessete anos de idade e d'à de setenta jovens de sete d'atende d'O Projeto preparados d'un bem de tecnicamente de não só de atletas de formação, principalmente de mas, cidadãos d'un enquanto de papel d'e conscientes de seu de responsáveis de de indivíduos de formação. Le discussão de são fruto de grande d'obtidos d'aqui d'até de resultados d'OS, mantenedores des idealizadores e de por parte de seus d'análise du reflexão e, participantes de próprios de DOS d'AOS de « saberes » de seus d'unem de quais d'OS font le possam vir de que de sociais de transformações de por d'incessante de busca de numa de Projeto un contribuir Para. un humana de mais du melhor e de diamètre de cada de sociedade de de uma de construção.

**Palavras-chaves** : Capoeira ; Projeto de Ação Social ; Cidadania.

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**RESUMO**

Sociais ressaltar de de valores del transmissão de de Educação de del meio del enquanto de Capoeira del da del importância del perceber e del é del estudo del desse del objetivo de O. Los estabelecermos salientar del ao del que del possível de É como acumulados de los conhecimentos del OS del entre de los pontes ningún humano del desenvolvimento, vertentes de los variadas de los suas de la NAS, riquíssima que além de todas del manifestação de educativa adequada de uma del valorização del pela de los primamos como exclusiva del própria e del é del ainda de los vantagens hacen brasileiro del povo. El cabe del tanto de Párrafos un observação hace desenvolvimento hace Projeto Capoeira e Cidadania, da Volvo de Associação de Funcionários del pela del mantido hace Brasil, un Associação Viking, à Cultura (Lei n°8.313/91) de Lei de Incentivo del da de los através. Visa de dezessete anos de idade e del à de setenta jovens de sete del atende de O Projeto preparados del formação de não só de atletas de un bem del tecnicamente, principalmente de los mas, cidadãos del formação de de indivíduos de los responsáveis de e conscientes de seu de un enquanto del papel. El discussão de são fruto de grande de los obtidos del aqui del até de los resultados del OS, mantenedores de los idealizadores e de por parte de seus del análise del reflexão e, participantes de los próprios del DOS del aos de los "saberes" del seus del unem de los quais del OS hace el possam vir del que de los sociais de los transformações del por del incessante del busca del numa de Projeto un contribuir párrafo un humana de los mais del melhor e del diámetro del cada del sociedade de de uma del construção.

**Palavras-chaves**: Capoeira; Projeto de Ação Social; Cidadania.

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**RESUMO**

O objetivo desse estudo é perceber e ressaltar a importância da Capoeira enquanto meio de Educação de transmissão de valores sociais. É possível salientar que ao estabelecermos as pontes entre os conhecimentos acumulados no desenvolvimento humano, nas suas variadas vertentes, primamos pela valorização educativa adequada de uma manifestação riquíssima que além de todas as vantagens ainda é própria e exclusiva do povo brasileiro. Para tanto cabe a observação do desenvolvimento do Projeto Capoeira e Cidadania, antido pela Associação de Funcionários da Volvo do Brasil, a Associação Viking, através da Lei de Incentivo à Cultura (Lei n°8.313/91). O Projeto atende setenta jovens de sete à dezessete anos de idade e visa a formação não só de atletas tecnicamente bem preparados, mas principalmente, a formação de indivíduos responsáveis e conscientes de seu papel enquanto cidadãos. Os resultados até aqui obtidos são fruto de grande discussão, reflexão e análise por parte de seus idealizadores e mantenedores, os quais unem seus "saberes" aos dos próprios participantes do Projeto numa busca incessante por transformações sociais que possam vir a contribuir para a construção de uma sociedade cada dia melhor e mais humana.

Palavras-chaves: Capoeira; Projeto de Ação Social; Cidadania.