176 - THE OF PROFESSIONAL ETHICS OF PHYSICAL EDUCATION, AN ESSAY ON THE PRINCIPLE OF ENVIRONMENTAL SUSTAINABILITY.

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INTRODUCTION

"It appears in recent years a worldwide mobilization in support of environmental causes. It is clear that the world has been debating society and seek alternatives to preserving the planet. There is a shared effort between the nations, or at least of intent, to facilitate the adoption of sustainable development spread. One of the core of discussions that are down is that the processes of degradation of the natural environment. Do not develop more human intervention with nature without proper planning, without the adoption of measures that minimize or eliminate possible negative environmental impacts. Today, it is essential that all sectors of society develop and disseminate knowledge and train people with new attitudes and values in relation to the environment "(VIEIRA, 2004).

This test scientific quest to contribute to the clarification and training of Professional Fitness, facing the ethical principle of sustainability of the environment, to perform their work assignments. It is characterized by the methodology adopted as a bibliographic and documentary study, conducted through a literature review and analysis of content and documents. Aims to discuss the importance of Article 4, item III of the Code of Ethics for Professional Fitness. Helping in raising awareness and necessary for the performance of these professionals in education in schools, gyms and clubs, especially in emerging sports practiced in nature, in favor of a policy based on socio-environmental education and professional conduct.

To do so, the studies here are prepared based on documents and texts by authors who deal with the sustainability of the environment, ethics and profession of physical educator. It brings important information and references for the improvement of the Professional Physical Education on the conduct expected of professional development for the planet and people, to perform their work activities. Presenting the size of the ethical principles of permaculture as tutoring and fundamental to the understanding of the sustainability of the environment.

THE ETHICS

Ethics is those things that everybody knows what they are, but if you ask a person, what is their meaning or understanding of ethics, such understandings or meanings provided in response does not seem to be as easy or as clear when you explain. Perhaps because, it has several readings over time, or by its more varied interpretations of figures from studies.

Faced we see that although a great deal of thinkers theorize about ethics when she is struggling with the problem of time, place, and customs of a society. The fact is that this science has collaborated in the conduct of the very sustainability of humanity, with its studies of human conduct. Thus, we see that ethics is a dynamic science, which aims at the improvement of human relations.

The Code of Ethics for Professional Fitness has the primary role of standardize and coordinate technical and social dimensions with the ethical dimension, so as to ensure, the professional physical education increased security in the performance of his job, taking into account the union of scientific knowledge and professional attitude expected. Sheltering in the standardization and coordination between the epsitéme, techno and phrónesis, the code of ethics of professional physical education job search guide the conduct expected of the physical educator.

Based on their relationships between episteme, techno and phrónesis, ethics is the study of the well on a daily basis. What leads us to believe that the ethics and all its complexity is related to the actual conduct of life based on universal virtues according to the common good.

SUSTAINABILITY AND THE ENVIRONMENT

Modern, is one of the topics most discussed by the international community, national, regional and local in its proper size space. Such discussions are aimed at the improvement and real application of the principles that guide Sustainable Development, a local action for global impact.

The very term sustainability in their construction invokes systemic conceptual continuity of the relationship of human and natural aspects present, safeguarding them for future human generation.

In that sense, despite the major technological advances and economic progress has been much spoken about the need to strike a balance between economic development and preserve the environment and quality of life. Thus, we can see, he comes in 2003, in the same direction CONFEF the Resolution No 056/2003, namely the Code of Ethics for Professional Fitness System recorded in CONFEF / CREFs, in which one of its principles embodied in Article 4, shows the need to act with skill on the environment.

In reading the section III of Article 4 of the resolution establishing the Code of Ethics for Professional Fitness, we noted that "The exercise of professional physical education will be guided by the following principles: ... III. environmental sustainability "(CEP, 2003). This device draws the attention of Fitness Professionals of the responsibility for due care and the environment.

You can check that for the environment can become sustainable there is a need for balance in nature. Vale said that, the professional physical education in the performance of their duties, especially when their activities are carried out in the wild, must be careful and respect for her. Its shares should become positive impacts, ie, should help nature so that it remains in balance.

In order for us to understand the scope of that principle, we must guide us in terms sustainability and the environment, and articulate that principle with the profession of physical educator.

The term sustainability, the ability to support himself in time and space without prejudice or frustrate the expectations of future generations. His concept was coined primarily in the Conference on Environment and Development, convened by the UN in 1972 and derived from the definition of development ecodevelopment or supported, ie, clean development (CMMAD, 1991). The Sustainable Development, proposes to be a means of configuring civilization and human activity, so that society, its members and their economies can fill their needs and express its greatest potential in this, and at the same time preserve

biodiversity and natural ecosystems, planning and acting to achieve pro-efficiency in maintaining indefinite those ideals (CMMAD, 1991).

Affirms that the World that for a complex human being sustainable, has to aim at 4 basic requirements. This undertaking has to be: environmentally correct, economically viable, socially just and culturally accepted.

Already in the environment, "all components are alive or not, as well as all the factors, such as climate, which exist in the place where an organism lives" (DASHEFSKY, 1997), or is the reality of physical and organic a given area, which may include both an ecosystem as a whole biosphere.

THE SPORT AND THE ENVIRONMENT

"The sport is related to the nature primarily through the sports movement called Sports of Nature. These sports are characterized by the interaction of its practitioners with the natural environment, ie, are charged in natural areas - on land, water and / or air. While there are grounds for launching a positive look at this man's interaction with nature through sports practice, on the other hand this process deserves attention, because the increasing emergence of sports that use the natural environment for its practice, associated with the increase in the number of practitioners, resulting in a greater exploitation of the environmental factors involved in the development of these activities "(VIEIRA, 2004).

"Tubino (1992) draws attention to the concerns of environmentalists with the possibility of exhaustion of environments where these sports are practiced. In many scientific studies (thesis), Web pages and articles in specialized journals, are entries on the damage caused by the sport to the wild. What appears in these cases is that disclosure (exaggerated or not) about the possible deterioration of the environment where these sports are offered through the various means of expression, could lead to an idea of contrast between the negative impacts related to these sports and the ideals of contemporary society for the protection and preservation of natural areas. What is a warning, because if today the sport is viewed positively by society for the benefits deriving from its practice, this concept could be modified from time to join one of the sport responsible for the degradation of natural areas. " (VIEIRA, 2004)

THE TRAINING OF PHYSICAL EDUCATION

By doing this, then come the question, but what this is about an ethical principle that should govern the lives of professional physical education?

A resposta pode ser pautada no tudo ou no nada. The more coverage to extend that principle and act for their benefit, the closer we all, and the more we ignore this ethical principle of protection and preservation of life on the planet, the more we come to nothing. Might seem: poetic, political and even prophetic, but not because its foundation is to scientific data.

As provided in the preamble to the Code of Ethics The Ethics in the exercise of the professional physical education is key to that knowledge and know how, they know the effect is well know and do well. Thus the know and know well how well are inherent in the performance of the functions of professional physical education.

Therefore, in order to collaborate with the understanding that ethical principle provisions of Article 4, item III of the Code of Ethics for Professional Fitness, we propose adopted as tutoring professionals, the understanding given to the sustainability of permaculture environment, which is: "The Careful with the Earth, Watch out for the People and the Care and Share of Proceeds surplus" (MORROW, 1993).

THE PRINCIPLES OF PERMACULTURE AND PROFESSIONAL EDUCATION IN PHYSICS The Permaculture is a design system for creating sustainable human environments. Permacultural a project involving the planning, deployment and maintenance aware of productive ecosystems that have the diversity, stability and resilience of natural ecosystems. It results in the smooth integration between people and landscape, providing food, energy, housing and infrastructure, among other material needs and non-material, in a sustainable manner. Therefore, it is a science adaptable to any system of human activities.

This science is guided in three ethical principles, which guides people to act positively in favor of the environment. His precepts is founded to care, we should have when relate to the planet and people and resources for supporting life on Earth.

For example:

The ethical principle of "CAUTION WITH EARTH, provides for the respect we should have to act with all things on earth are they alive or not. Means allowing and encouraging that all living systems can continue and multiply it. Taking Care of ecosystems, species, water, soil and atmosphere in every moment of our lives, so we have a more healthy world any longer "(MOLISON, 1993). This care and respect that reflect the results in our daily routine if our decisions are responsible and conscious. Such actions demonstrate responsible attitudes that value the life, namely the use of resources in an appropriate manner not calling for excessive consumerism and waste.

To do so, simply the application of conduct in their professional performance and in everyday life in the light of the 5 R's of sustainability, namely: Refuse, Reduce, Reuse, Recycle and Restore. So we act with a view on the sustainability of the planet, where attitudes and reject polluting materials, toxic or degrading the environment in its extraction or its disposal; reduce the consumption of resources, controlling consciousness with our own needs and, above all, cutting the superfluous ; Reused materials and resources in its original form, reducing the volume of waste that are thrown away and avoiding the expense of energy to be transformed into other elements, recycle materials, now called "waste" so that they can return to the top process and resources (a new cycle) and restore the natural environment whenever possible (actually, the idea is to prevent the environment, natural or built, is degraded in the first place - and this leads to the beginning, that is, "refuse ").

We believe that this principle is present in the performance of professionals working in physical education, often without realizing it, by the situation and extent of their rooms for classes. Means that the location where normally the work of professional physical education Brazil, in most cases is in contact with the outdoors, except in places where infrastructure is covered, which still represent the minority. Thus, the professional physical education work in time, in contact with open seats

The "Watch out for people is important, because although the human species is not the most populous on the planet, which is causing more damage and in less time. So if, for the attention of people, we receive all the basics for their lives, we have a planet with more chances to become sustainable. These basic needs may be shelter, food, waste treatment, education, labor relations and human health "(MOLISON, 1993).

The "SHARE OF PROFITS means that after we filled our needs and also have designed and invested in our own systems the best possible way, we can share the surplus of time, energy, money, knowledge and helping others to achieve sustainability and a better quality of life, always with a view to taking care of the Earth and caring about people "(MOLISON, 1993).

FINAL CONSIDERATIONS

In order to assist with the development of the profession of physical educator, is that make this test. What leads us to

believe that the care and prudence in dealing with nature and with people are crucial to the professional conduct of physical education, particularly in relation to sports practiced directly in nature, such as walking (Hikking, trekking); mountain biking, climbing, Balon, delta wing, paraglide, rafting, canoeing, sailing, sailing, wakeboard, Open Water, beach volleyball, diving, riding; cannyoning, among others. The Caution and prudence are behaviors and attitudes that help in professional development, that is conducive to learn and to learn to do well.

"For this to be modified is essential that professionals in physical education - together the professionals of different areas to interact with the environment - are discussing this issue. If on the one hand we can not fail to place the responsibility for damage to natural elements to the whole sports practice, in the future would be painful to admit that terms were right. To this does not happen we must investigate these incidents, require an adequate planning of sports activities carried out in the wild, preventing, minimizing or eliminating the chances of environmental damage "(VIEIRA, 2004).

A good example of sustainable cultural and sports are the Olympics which had its origin in ancient Greece, in the year 776 BC, which was originally performed as an important celebration and tributes to the gods, remaining until 393 AD, when the Christian emperor Teodódio I forbade its completion, under the excuse of being a manifestation of paganism. Even after years of 1500 passed its ban, the Olympic Games have been rescued by Baron de Coubertin in 1896, founded in hopes of reviving the spirit of the first Olympics. The modern Olympics, is seen as the greatest festival of reconciliation between peoples, based on peace, harmony, in movements and the physical limits of human beings. This example shows that the human culture should be preserved for future generations, and that even adapted to this historic moment, can serve as encouragement and guidance to the social model you want, as their history and knowledge of our civilization comes from serving in references in the search for improvement of our quality of life.

We conclude that this duty of care and prudence, it is essential to the professional physical education can play well their role in society and the environment, not only in sports related to nature, but throughout their working lives. The environmental awareness and sensitization, and vital for the Physical Educator to develop its activities in the principles of sustainability. This ability to sustain life and to persist in time, we believe that starts in education. An education geared to foresight of a better future. And we know that good education is one that helps towards a better life.

In the End Physical Education, noted that before the Physical Education, of all physical education is closely related to the life and health of human beings, for it is through her that we develop the expertise to do.

We do not know which is enough for our profession, and yes, know how well. To do so, we seek the virtues ethical values in relation to the right. Associated born to learn the know well, a combination of science (episteme) with caution (phrónesis). However, we noted that nothing worth knowing well if we can not put it into practice. Thus, a new combination of knowledge, technique and caution, that is, between the episteme, techno and phrónesis, to urge the know do well.

We have seen that the ethics that guides our relationships, therefore, our attitude should be aware and responsible, based on the duty of care and attention to all things that are part of life. Therefore, we hold the principle contained in section III of Article 4 of the Code of Ethics for Professional Fitness, which is the sustainability of the environment.

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THE OF PROFESSIONAL ETHICS OF PHYSICAL EDUCATION, AN ESSAY ON THE PRINCIPLE OF ENVIRONMENTAL SUSTAINABILITY.

ABSTRACT

This essay seeks to contribute to scientific training of Professional Fitness, talking about the ethical principle of sustainability of the environment, and its role in the performance of its duties labor. It is characterized by the methodology adopted as a bibliographic and documentary study, conducted through a literature review and analysis of content and documents. Aims to discuss the importance of Article 4, item III of the Code of Ethics for Professional Fitness. Helping in raising awareness and necessary for the performance of these professionals in education in schools, gyms and clubs, especially in emerging sports practiced in nature, in favor of a policy based on socio-environmental education and professional conduct. To do so, the studies here are prepared based on documents and texts by authors who deal with the sustainability of the environment, ethics, profession. Has important information and references for the improvement of the Professional Physical Education on the conduct expected of professional development for the planet and people, to perform their work activities. Presenting the size of the ethical principles of permaculture as tutoring and fundamental to the understanding of the sustainability of the environment.

Key words: Ethics, Profession, the Environment Sustainability

DE L'ÉTHIQUE PROFESSIONNELLE DE L'ÉDUCATION PHYSIQUE, UN ESSAI SUR LE PRINCIPE DE LA DURABILITÉ DE L'ENVIRONNEMENT.

ABSTRACT

Cet essai vise à contribuer à la formation scientifique des professionnels du conditionnement physique, parler de l'éthique principe de la durabilité de l'environnement, et de son rôle dans l'accomplissement de ses tâches de travail. Elle est caractérisée par la méthodologie adoptée comme un documentaire et bibliographique étude, réalisée par le biais d'une revue de la littérature et de l'analyze de contenu et de documents. Vise à discuter de l'importance de l'article 4, point III du Code de déontologie pour les professionnels fitness. Aider à la sensibilisation et nécessaires pour la réalisation de ces professionnels de l'éducation dans les écoles, les gymnases et les salles de clubs, en particulier dans les nouveaux sports pratiqués dans la nature, en faveur d'une politique fondée sur le développement socio-éducation à l'environnement et d'éthique professionnelle. Pour ce faire, les études ici sont établis sur la base des documents et des textes par les auteurs qui traitent de la durabilité de

l'environnement, l'éthique, de la profession. A d'importantes informations et des références pour l'amélioration des administrateurs de l'éducation physique sur la conduite attendue de développement professionnel pour la planète et des personnes, à l'exercice de leurs activités de travail. Présentation de la taille des principes d'éthique de la permaculture comme le tutorat et fondamental pour la compréhension de la durabilité de l'environnement.

Mots clés: éthique, de la profession, la durabilité de l'environnement

EL DE LA ÉTICA PROFESIONAL DE LA EDUCACIÓN FÍSICA, UN ENSAYO SOBRE EL PRINCIPIO DE LA SOSTENIBILIDAD DEL MEDIO AMBIENTE.

RESUMEN

Este ensayo tiene por objeto contribuir a la formación científica de profesionales Fitness, hablando sobre el principio ético de la sostenibilidad del medio ambiente, y su papel en el desempeño de sus funciones laborales. Se caracteriza por la metodología adoptada como una bibliográfico y documental estudio, realizado a través de una revisión de la literatura y el análisis de contenido y documentos. Tiene por objeto debatir la importancia del artículo 4, punto III del Código de Ética Profesional de Fitness. Ayudar en la toma de conciencia y necesarios para el desempeño de estos profesionales en la educación en las escuelas, gimnasios y clubes, especialmente en los nuevos deportes practicados en la naturaleza, en favor de una política basada en la socio-educación ambiental y de conducta profesional. Para ello, los estudios que aquí se preparan sobre la base de documentos y textos de autores que se ocupan de la sostenibilidad del medio ambiente, la ética, la profesión. Tiene información importante y las referencias para la mejora de los profesionales de Educación Física en la conducta que se esperan de desarrollo profesional para el planeta y las personas, para llevar a cabo sus actividades de trabajo. Al presentar el tamaño de los principios éticos de la permacultura como tutoría y fundamental para la comprensión de la sostenibilidad del medio ambiente.

Palabras clave: Ética, profesión, la sostenibilidad del Medio Ambiente

A ÉTICA DO PROFISSIONAL DE EDUCAÇÃO FÍSICA, UM ENSAIO SOBRE O PRINCÍPIO DA SUSTENTABILIDADE DO MEIO AMBIENTE.

RESUMO

Este ensaio cientifico busca contribuir para a formação do Profissional de Educação Física, discorrendo sobre o principio ético da sustentabilidade do meio ambiente, e seu papel no desempenho de suas atribuições laborais. Caracteriza-se pela metodologia adotada como um estudo bibliográfico e documental, realizado através de uma revisão de literatura e analise de conteúdo e documentos. Tem como objetivo discorrer sobre a importância do artigo 4º, inciso III do Código de Ética dos Profissionais de Educação Física. Auxiliando na conscientização e sensibilização necessárias, para a atuação desses profissionais no ensino nas escolas, academias e clubes, e principalmente nos emergentes esportes praticados na natureza, em prol de uma política sócio-ambiental fundados na educação e conduta profissional. Para tanto, os estudos aqui dispostos são fundados em documentos e textos de autores que versem sobre a sustentabilidade do meio ambiente, ética, profissão. Trazendo importantes informações e referências para o aprimoramento dos Profissionais da Educação Física sobre a conduta sustentável esperada do profissional em favor do planeta e das pessoas, no desempenho de suas atividades laborais. Apresentando as dimensões dos princípios éticos da permacultura como orientação pedagógica e fundamental para o entendimento da sustentabilidade do meio ambiente.

Palavras Chaves: Ética, Profissão, Sustentabilidade do Meio Ambiente