89 - PRODUC - SPORT INITIATION: THE PATHS FOR SPORT LEISURE

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EPISTEMOLOGICAL DIMENSION: INTRODUCTION

The Undergraduate Program in Physical Education, School of Health Sciences at the University of Rio Grande - UNIGRANRIO, has several partnerships, among them is the PRODUC - Initiation Sports, a project where students participated in this course condition fellows, conducted in partnership with City Hall and the Department of Sport and Recreation Duque de Caxias, which consolidate and enhance the experiences in Sporting Goods.

Faculty and students from the Physical Education UNIGRANRIO held the project together, using 4-pole to perform the execution of the practice of sports in Duque de Caxias, RJ, and aimed to contribute in practical actions to encourage sports through sports initiation, using the scale as a means of leisure sport, for that Tubino (2005) is practiced by the pleasure principle.

This article describes the lived experience of a student of Physical Education entered this project initiation through sport athletics that was held at the Olympic Village Sports Complex of Duque de Caxias, for being the only place in the city that there is a clue to the practice this sport. Among the activities developed by this practice was observed by the trainee students were unaware athletics as a sport. Hence the intern caused a reflection mediated by concepts about athletics so that students value the Physical Education in matters of sport leisure, or sports practice as an added value to this audience, demonstrating the role of sport phenomenon to life active in childhood and adolescence.

Given this, it was noted the need for studies to hone the knowledge, that in this way it was possible to understand how children and adolescents who are regularly enrolled in Basic Education (requirement for enrollment in the Project), do not know one of the most popular sports practices Olympic Games which now has a prominent position in the media. In this context, implies that the deficit in school education and participation in sports activities, games in childhood and adolescence, essential factors in the development of personality traits, may result in future negative meanings of this audience (KUNZ, 1994, apud. TRIANI; NOVIKOFF; COSTA, 2012).

Given the above, it was established for this article, as objective: to describe the experience of living as an intern in the program PRODUC - Initiation Sports. For its structure was adopted Dimensions Novikoff (2010). Thus the first part presents the theoretical grounding, follows the methodological description, the morphological and discussions.

THEORETICAL DIMENSION: THE PRODUC - INITIATION SPORTS

Initially, the PRODUC - Initiation Sports arose from concern authorities that make up the municipality as offering something that could occupy the time in a positive way for children and teenagers living on the streets in the period when they were not in school, this problem has led to Municipal Bureau of Sport Leisure develop a project initiation sports that occupy so significant and positive leisure time this audience. The creation of the project was the involvement of UNIGRANRIO and responsible institution, the Course Coordinator of Physical Education, collaborated with design and development. The partnership was outlined with distribution of responsibility, where the city would give the 4 poles for project execution and UNIGRANRIO the necessary material and faculty.

The project aimed to develop an effective action in the field of sports initiation, providing learning motor skills through caring for 3,500 children and adolescents between the ages of 7 to 15 years, distributed in seven sports, namely: athletics, basketball, futsal , soccer, handball, judo and volleyball. The activities were conducted in the four districts that make up the municipality, as contributing positively to sports, dimensions technical, tactical, physical, psychological and social, and monitoring socio-educational and biomedical.

DIMENSION TECHNIQUE: ROUTE METHODOLOGICAL

In this study we used an approach that enabled describe the experiences of the trainee in the project PRODUC - Initiation Sport in order to transform these experiences into a concrete research for the scientific audience, showing the reality of the importance of this field of expertise.

Thus, we adopted the Dimensions Novikoff (2010), where the research is conducted in 5 phases that are articulated throughout the process. The first called "epistemological", discusses the object of study, and his problematic assumption, and goals. Follows the theoretical dimension which presents the theoretical bases anchor. After describing the technical dimension, detailing the methodology. In the fourth dimension, the morphological results is presented. The fifth is the analytical conclusive, at which relates the results theories. A project can start in this theoretical perspective, ie, there is no linearity, but given the dialectical relationship between the researcher and the study of their interest.

The aim of this paper is to present a qualitative descriptive, from an experience report on facts derived from a simple observation (GIL, 2009), developed in the dimensions where the scenario was the Olympic Village in Duque de Caxias is that located in the municipality of Duque de Caxias. This has the physical structure tennis, futsal court official size, three sports courts for sports collective invasion, grass field, plus six locker rooms, parking, office, three warehouses, canteen, two cafeterias, and outpatient staff room, with all conditions of access for wheelchairs, handrails and stairs with spaces reserved for disabled or handicapped.

In this environment, operating approximately 100 professionals, most of which consists of physical education professionals, offering various sports activities, from 8am to 22pm on weekdays and from 6 am to 17h on weekends.

Throughout the period of PRODUC - Initiation Sporty been inserted UNIGRANRIO of teachers and students, among faculty members had two teachers of Physical Education course. The graduate students who joined the team were: 20 students of Physical Education.

The period insertion of Physical Education student at PRODUC - Initiation Sport was four months. During this period, the trainee worked in athletics, through preparation of lesson planning, survey of teaching materials and execution of classes themselves, but under the supervision of the teacher.

MORPHOLOGICAL DIMENSION: RESULTS AND DISCUSSIONS

On the first day of implementation of PRODUC - Initiation Sporty, still on the premises of UNIGRANRIO, the project was presented, clarifying their objectives and guidelines. Was provided to the trainee Physical Education a schedule of activities to be developed, plans and suggestions of references as study material, which already included the Project PRODUC - Initiation Sport, together with its method of execution.

When you first enter the Olympic Village Sports Complex, were presented to the trainee teachers tutors and coordinators of the Project, as well as all other professionals working in that environment. On this day, the students of Physical Education underwent a note of all classes taking place in the Sports Complex, regarding the Project. Sometime after the intern worked with partaking classes athletics until after a period of time felt confident to teach the class, however, under the observation of preceptors. Note that occurred sporadically meetings with all participating trainees, where there was space for inquiries and general advice.

During PRODUC - Initiation Sport was a reflection on the part of the trainee on professional intervention of Physical Education in sports initiation, where difficulties have arisen regarding the facilities and assistance, on the grounds that it is reasonable and justifiable intervention teacher in class so there is significance of teachers for them, and then if they elect the strategies used to solve problems (TRIANI; NOVIKOFF; COCCHIARALE, 2012) that may have arisen during the period of participation in the Project. These are described below.

DIFFICULTIES AND FACILITIES FOUND

On one hand, it was found difficult by the students of Physical Education in the first classes, for not mastering the meaningful content for the sport of athletics. This is because the scope of the sport. According to the Brazilian Athletics Confederation (CBAt, 2005), the evidence consists of athletics running, running, jumping distance, height, triple and pole vault, hammer throw, discus and javelin, and shot put.

However, there were also difficulties when preparing classes during the planning period, at times when classes were built using principles of scientific sports training. In this sense, it was difficult at times to class, to select the best training method to be developed, but something that was resolved with dialogue and study with professional teachers and tutors involved in the process.

There was still a difficulty which surprised the trainee, where the vast majority of students involved in PRODUC - Initiation Sports enrolled in athletics, did not know the sport, a fact that has made the intern include some introductory classes in the sport, working in the context completeness of the contents of the first dimension, ie the conceptual view of sport. However, this difficulty was to postpone the scheduled classes because there was ease in implementing this dimension, since the trainee has mastered the subject by previous studies.

Moreover, it was found ease of communication, which is something handled in the course of Physical Education, outlining orality and his body language characteristic of the physical education professional, who should always be articulated with the public. This facility was given at the time of the group organizing the class to carry out the proposed activities, which at times became necessary, pass the information in different ways, in the case of groups of different ages.

ANALYTICAL DIMENSION-CONCLUSIVE: FINAL THOUGHTS

The insertion PRODUC - Initiation Sporty and experience in performing on stage athletics can serve as another tool in the learning process for the undergraduate student in Physical Education, expanding their vision in the context of sports initiation, sports training within the sport in different tests that are part of athletics. In all age groups in sports initiation, one must use tools that enable the understanding of the state in which children and adolescents are therefore for the development of a student with a quality we must understand it in full and not in parts because only in this way, starting with a globalized and specifying work later, you can see the difference in the development of children and adolescents.

During the probationary period we realized the importance of family, for his advice and encouragement, something that goes against the studies Simões, Lucato and Böhme (1999), where there was only one real adherence to sport participation, when family gave the necessary support creating motivation to finally achieve the development of autonomy. Something to Kunz (1994) is possible through sport initiation. Besides the motivational aspects, the family also becomes an indispensable element in the quality of student life, understanding that is crucial their participation in the monitoring of nutrition, rest and obviously the school.

The insertion PRODUC - Initiation Sports helped the students to visualize the real need for a project initiation and quality sporting public, with the purpose of generating the opportunity for children and teens become familiar with the range of sporting activities present in the project, seeking the active lifestyle through sport that is one of the biggest cultural phenomena of the social world. Besides the importance of knowing the construction and functionality of a social project initiation sports, and even the exchange of experiences between physical education professionals and others who also enabled the look as holistic interdisciplinary issues, factors that contributed positively to the understanding of physical activity for children and adolescents.

From the results worked this lived experience, it is believed in the value of the professional physical education and sports projects initiation, coping idleness, contributing to an active lifestyle in childhood and adolescence.

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PRODUC - SPORT INITIATION: THE PATHS FOR SPORT LEISURE

ABSTRACT

This is an experience report from the training held in PRODUC - Initiation Sport, which is a project developed by the city of Duque de Caxias in partnership with the University of Rio Grande - UNIGRANRIO, and the Municipal Sports and Leisure. We conducted a study on the dimension of leisure sports, aiming to encourage children and teens when sports practice. Among the existing arrangements was chosen sport of Athletics to run the stage in question. For construction of the research it was decided to approach the dimensions of methodological Novikoff (2010), through a qualitative research the simple observation (GIL, 2009). The results showed that this was a sport unfamiliar, because the vast majority of students enrolled has never had contact with the Athletics. Therefore, we believe that this work can contribute to discussions and reflections of inserting the physical education professional in this area, working in the broadcast of sports through sports recreation, contributing to acts of promotion, health prevention, expanding the culture of body movement and talent discovery.

KEYWORDS: PRODUC – Initiation Sport. Educacion Phisycal. Leisure Sport. Athletics.

PRODUC - INITIATION SPORT: LES CHEMNS DE LOISIRS SPORT

RÉSUMÉ

Il s'agit d'un rapport d'expérience de la formation qui s'est tenue à PRODUC - Initiation Sport, qui est un projet développé par la ville de Duque de Caxias, en partenariat avec l'Université de Grande Rio - UNIGRANRIO, et les Municipal des Sports et des Loisirs. Nous avons mené une étude sur la dimension des loisirs sportifs, visant à encourager les enfants et les adolescents lors de la pratique sportive. Parmi les dispositifs existants a été choisi le sport de l'athlétisme pour exécuter l'étape en question. Pour la construction de la recherche, il a été décidé d'aborder les dimensions de la méthodologie Novikoff (2010), par le biais d'une recherche qualitative, à travers una simple observation (GIL, 2009). Les résultats ont montré que c'était un sport inconnu, parce que la grande majorité des étudiants inscrits a jamais eu de contact avec l'athlétisme. Par conséquent, nous croyons que ce travail peut contribuer à des discussions et des réflexions de l'insertion de l'éducation physique professionnelle dans ce domaine, en travaillant dans l'émission de sports à travers les loisirs sportifs, contribuant ainsi à la prévention des actes de promotion de la santé,, l'expansion de la culture du corps mouvement et le talent de découverte.

MOTS-CLÉS: PRODUC – Iniciation Sport. l'éducation Physique. Sport de Loisir. Athlétisme.

PRODUC - INICIACIÓN DEPORTIVA: LOS CAMINOS DE OCIO DEPORTIVO

RESUMEN

Se trata de un relato de experiencia de la formación realizada en PRODUC - Iniciación Deportiva, que es un proyecto desarrollado por la ciudad de Duque de Caxias, en colaboración con la Universidad de Rio Grande - UNIGRANRIO y Municipal de Deportes y Tiempo Libre. Llevamos a cabo un estudio sobre la dimensión de los deportes de ocio, con el objetivo de animar a los niños y adolescentes cuando la práctica de deportes. Entre los acuerdos existentes se eligió el deporte de Atletismo para ejecutar la etapa en cuestión. Para la construcción de la investigación se decidió a acercarse a las dimensiones de la metodología Novikoff (2010), a través de una investigación cualitativa de la simple observación (GIL, 2009). Los resultados mostraron que se trataba de un deporte desconocido, porque la gran mayoría de estudiantes matriculados nunca ha tenido contacto con los Atléticos. Por lo tanto, creemos que este trabajo pueda contribuir a los debates y las reflexiones de la inserción de la educación física profesional en este campo, trabajando en la difusión de los deportes a través de la recreación deportiva, contribuyendo a la prevención de los actos de promoción de la salud, la expansión de la cultura del cuerpo movimiento y el talento descubrimiento.

PALABRAS-CLAVE: PRODUC – Iniciación Deportiva. Educación Física. Ocio Deporte. Atletismo.

PRODUC - INICIAÇÃO DESPORTIVA: OS CAMINHOS PARA O ESPORTE LAZER

RESUMO

Trata-se de um relato de experiência, a partir do estágio realizado no PRODUC – Iniciação Desportiva, que é um projeto desenvolvido pela Prefeitura de Duque de Caxias em parceria com a Universidade do Grande Rio - UNIGRANRIO, e a Secretaria Municipal de Esporte e Lazer. Realizou-se um trabalho na dimensão de esporte lazer, com o objetivo de incentivar as crianças e adolescentes quando a prática esportiva. Dentre as modalidades existentes optou-se pela modalidade de Atletismo para execução do estágio em questão. Para construção da pesquisa optou-se com abordagem metodológica as dimensões Novikoff (2010), através de uma pesquisa qualitativa de observação simples (GIL, 2009). Nos resultados, observou-se que este foi um desporto não-familiar, pois a grande maioria dos alunos matriculados nunca teve contato com o Atletismo. Portanto, acredita-se que este trabalho pode contribuir para discussões e reflexões da inserção do profissional de Educação Física nesta área, atuando na difusão da prática esportiva através do esporte lazer, contribuindo em atos de promoção, prevenção de saúde, ampliação da cultura corporal de movimento e descoberta de talentos.

PALAVRAS-CHAVE: PRODUC – Iniciação Desportiva. Educação Física. Esporte Lazer. Atletismo.