124 - WITHDRAWAL OF VOLLEYBALL ATHLETES FROM KID'S LEAGUES

LUMA FREITAS ALVES FERREIRA
SEBASTIÃO JOSUE VOTRE
Universidade Gama Filho, Rio de Janeiro, RJ, Brazil.
lumafreitasf@yahoo.com.br

INTRODUCTION

Women's volleyball is a collective and dynamic sport, which is currently the second most important sport in Brazil by the number of players, since the number of fans is increasing each day.

The population of Rio de Janeiro is formed by the basic volleyball team of several clubs as Fluminense Futebol Clube, Botafogo Futebol e Regatas Clube de Regatas do Flamengo, Niterói Vôlei Clube, Tijuca Tênis Clube, Grajaú Tênis Clube, Combinado 5 de Julho, Clube de Regatas Vasco da Gama and AMP Macaé, participate in the Volleyball State Championship.

After my personal experience as an athlete for 12 years, I can point out several reasons which make young training companions give up this sport. Some of them were athletes with high potential for developing sport careers.

Among several main causes for this situation, I have informally identified: technical index, biotype inadequacy, lack of adjustment for training pressure and difficulties to deal with pressure for results.

Gould (apud SCALON, 1998) pointed out that the excessive emphasis for victory, the lack of success, the engagement in other activities and interesting, besides the discomforts, defeat, embarrassing situations, lack of motivations and injuries are the main causes for athletes give up of volleyball. The selection of the athletes to be included in the great teams, also have been mentioned in an emphatic way. Some of these aspects are corroborated by our results. The will or necessity to make other activities, the consciousness have been not so good for the position, problems of physical order (injuries) and loss in the general studies are highlighted as the main reasons for the early evasion of the Volleyball.

The burnout concept fits in these aspects, as do the feeling of low personal achievement, low self-esteem, failure and depression. All these results are frequently perceived through low productivity in the work or in the decreasing of the level of performance.

This work searches the reasons which make the athletes abandon the volleyball while they are in the junior (until 13 years old) and children (14 and 15 years old) age categories.

METHODOLOGY:

The study has a plurimethodological approach, with focus in the systematic observation of practical contexts and with interviews for a pilot analysis of the reality.

We choose the Fluminense Futebol Clube space as locus for the activities of observation and ethnography, in the training of Junior's Volleyball.

We proceeded to interview some ex-athletes of high performance and the famous coach, Ana Richa.

We contacted athletes who have left the volleyball, with the purpose to collect their testimonies about their evasion of blocks. Ten athletes who left Volleyball while in the junior and kids categories has been contacted, and an interview made with the following questions:

- How did you get involved with Volleyball?
- How did you leave the Volleyball?

RESULTS:

First of all, we presented a synthesis of gathered answers in the interview with Ana Richa. According to this coach, the main reason for athlete evasion is the necessity of following basic studies. Since the athletes might not conciliate them with the sport, some prioritize the studies because they offer more security for their future.

The coach also mentioned the difficulty for accession to this sport, since the academies are concentrated mostly in clubs, which are located in the Southern Zone of Rio de Janeiro, making it difficult the access for the people who are not familiar with this environment.

The analysis of the speeches of the athletes who gave up sport brought other reasons for their evasion. Among the ten athletes, two belonged to the Fluminense F.C., three to the Botafogo F. R., two to the Niterói V.C., two to the C.R. do Flamengo and one to the Tijuca Tênis Clube.

Table with the summary of the results of the speeches of interviewed athletes, with the list of predominant reasons for their evasion:

Questions	Number
1 - Biotype inadequacy (height and physical structure)	5
2 - Predjudice in the studies	3
3 - Problems of physical order (injuries, diseases)	4
4 - Difficulty to deal with the pressure for results	2
5 - Difficulty with the relationship in the place of training	3

CONCLUSION

According to the gathered results in this research, we realized that there are frequent reasons, not trivial, for the abandonment of Volleyball in the junior and kid's categories.

The most frequently pointed out reasons for ex-athletes were of personal order, such as: biotype inadequacy, problems to conciliate the sport and basic studies, injuries, difficulties in deal with the pressure for results and problems of

relationship in the place of training.

The hypothesis presented here for evasion of young athletes of volleyball activities is that, while not conflicting with the commitment with academic nature, neither was stressing, in terms of injuries, the sport was an interesting option of social coexistence and search for excitement. However, when other stronger reasons manifested, the Volleyball loses forces.

BIBLIOGRAPHIC REFERENCES:

FEDERAÇÃO DE VOLEIBOL DO ESTADO DO RIO DE JANEIRO. Disponível em: <http://www.voleirio.com.br>.

GOELLNER, S. V. **Mulheres e esporte em perspectiva**. Disponível em: <http://www.cbtm.com.br/scripts/arquivos/esporte_mulher.pdf>. Acesso em: 20 jul. 2009.

GOELLNER, S. V. **Exclusão e inserção da mulher brasileira em atividades físicas e esportivas. In: SIMÕES, A. C. (Org). Mulher e esporte: mitos e verdades**. São Paulo: Manole, 2003.

GOLD D., WEINBERG R.S. **Fundamentos da Psicologia do Esporte e do Exercicio,** 2º edição, São Paulo: Artmed, 2001.

LEITE, C. A. M., FERRAZ, A. S. M., FONTENELE, F. G., FREITAS, D. C. M. Motivos da desistência precoce da prática do voleibol entre jovens alunos. **Revista digital.** Buenos Aires, nº 122, Julho de 2008.

MOURÃO, L. **A representação social da mulher brasileira na atividade físico-desportiva: da segregação à democratização.** Tese (Doutorado em Educação Física) Universidade Gama Filho, Rio de Janeiro, 1998.

WEINECK J. Biologia do Esporte ,1º edição , São Paulo: Editora Manole , 1991.

Address - Luma Freitas:
Rua Senador Vergueiro, 137 apto 304 – Flamengo – Rio de Janeiro – RJ
Cep: 22230-000
Tel: (21)2557-3952
Cel: (21)7886-7522

WITHDRAWAL OF VOLLEYBALL ATHLETES FROM KID'S LEAGUES

ABSTRACT

Several reasons can be identified to explain the withdrawal of volleyball athletes from kid's leagues, in Rio de Janeiro. It is a situation that has brought great frustration to young ex-athletes. The purpose of this work is to get testimony about the reasons for these athletes to give up their careers in the sports industry. We intend to make an analysis of the most common reasons and possible implications. The expectation is that results provide subsidies for parents and coaches to deal with adolescents involved with Volleyball.

KEYWORDS: withdrawal, perseverance, Volleyball.

L'ABANDON D'ATHLÈTES DANS LA CATÉGORIE DE BASE EN VOLLEY-BALL FÉMININ.

RÉSUMÉ

Plusieurs raisons peuvent être identifiées pour expliquer le problème de l'abandon de jeunes athlètes de volley-ball dans les catégories Benjamins et Minimes , à Rio de Janeiro. Il s'agit d'une situation qui cause de grandes frustations aux jeunes athlètes. Le but de ce travail est d'obtenir des témoignages sur les raisons qui ont poussé des athlètes de ces catégories à renoncer à la carrière sportive. L'objectif est de faire une analyse des raisons les plus fréquentes et des implications possibles. La perspective est que les résultats obtenus fournissent des subventions aux parents et aux entraîneurs pour suivre et soutenir les adolescentes engagées dans le volley-ball.

MOTS CLÉS: Abandon, persévérance, volley-ball.

DESISTENCIA DE ATLETAS EN LA CATEGORÍA DE BASE DEL VOLIEBOL FEMININO

RESUMÉN

Muchas razones pueden ser identificadas para explicar el problema de la desistencia de los atletas de Voleibol en las categorías infantiles, en Río de Janeiro. Se trata de una situación que ha provocado una gran frustración a los jóvenes ex-atletas. El objetivo deeste trabajo es obtener declaraciones de las razones que llevaran estos atletas a renunciar a la carrera de deportista. Se pretendehacer un análisis de las razones más comunes y las posibles implicaciones. La expectativa es que los resultados obtenidos den subsidios a los padres y entrenadores para que puedan actuar con las adolescentes participantes del voleibol.

PALABRAS CLAVES: el abandono, la perseverancia, el voleibol.

DESISTÊNCIA DE ATLETAS EM CATEGORIA DE BASE NO VOLEIBOL FEMININO

RESUMO

Várias razões podem ser apontadas para explicar o problema de desistência de atletas de Voleibol nas categorias Mirim e Infantil, no Rio de Janeiro. Trata-se de uma situação que tem trazido grandes frustações às jovens ex-atletas. O objetivo deste trabalho é levantar depoimentos sobre as razões que levaram atletas dessas categorias a desistirem da carreira desportista. Pretende-se efetuar uma análise dos motivos mais frequentes e das implicações possíveis. A expectativa é que resultados obtidos forneçam subsídios aos pais e treinadores para lidarem com as adolescentes envolvidas com Voleibol.

PALAVRAS-CHAVE: desistência, perseverança, Voleibol.