65 - LOCUS OF CONTROL OF PHILOSOPHICAL BASIC CONCEPTS OF TEACHERS OF NEW SPORTS COACHES

OMAR IVÁN GAVOTTO NOGALES
Universidad Estatal de Sonora, Licenciatura en Entrenamiento Deportivo
Hermosillo, Sonora, México.
ogavotto@gmail.com

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INTRODUCTION

The philosopher of sport competence to appreciate the true significance of sports, beyond the social trends that narrow meaning under postmodern values of individualism, relativism and economic interests. According to Sánchez (2012), the sport must remain a beacon that illuminates the human longings for improvement and transcendence.

From interpretivism is possible to find elements that govern the sport but not only meeting the rules (formalism) and social conventions, but also considering the tradition, hermeneutics and axiology. In interpreting practice is to capture the essential and decisive sport elements, ie the rules that constitute the social conventions that apply to specific cases, the values that determine the relationship between the participants as well as the virtues allowing to join ethics and aesthetics in sports (LÓPEZ-FRÍAS, 2011).

The present study aims to provoke reflection on basic philosophical concepts. We invite readers to pause in their daily workings and adaptive process that the globalized world, dominated by the promptness and demand immediate results in the performance of various indicators school or work; to think and rethink the road traveled and where we are headed. It is prudent to ask: Am I happy right now?, have been successful? or do what I do right? Because we have found a close relationship in these three concepts and still not end the great thinkers establish a logical sequence or achievement between them.

In attempting to answer the initial questions, it is pertinent to recognize that success, happiness and prosperity, are constructs to describe emotional states most sublime feelings of human beings, concepts that are usually accompanied by other emotions such as joy , tranquility and peace; and subjectivity can present very different among professionals in the same field conceptions.

In amateur and professional sport, success is associated with success and obtaining medals, phrases like "Winning is not the most important, is the only important thing" Vince Lombardi, promote a sport focused on satisfying win. However, there are thoughts of coaches with a pedagogical profile who believe that competition is only a means and not an end to happiness.

All coaches have had a mentor or teacher who instilled a specific thought in relation to winning and losing, success or failure, what is ethical and what is not; so it is essential to investigate what concepts have on these issues formers coaches, educators here in physical culture and sport.

The study aims to know the definitions of basic philosophical concepts that have coaches educators to approach the axiological structure their teaching.

Research Question:

How to define future educators coaches the basic philosophical concepts? What is success? What is happiness? and What is good?

Theoretical support

John Wooden was a basketball coach and university professor who left a great legacy to the world of sport, education and business, his career is currently studied by those who wish to become coaches and do so based on what he called "the pyramid of success". Success by John Wooden is reached when you find peace in knowing you made the greatest effort in what you are capable of.

The success can be attributed to external factors, such as cash or asset accumulation, however, internal factors are also attributed. Some internal success factors include: inner peace, the satisfaction of doing the right thing and detachment to material things.

Murly and Rotter (1965) established two benchmarks for compliance with attribution life goals or achievements: internal locus of control and external locus of control, according to the following definitions:

The internal locus of control, attributed the consequences of the different situations at individual stocks, which recognizes that events are the effect or consequence of their own actions. People with internal locus of control value the effort and personal skill.

The external locus of control is when associates the result of what happened to the circumstances, this is random, fate, luck or the power and decisions of others. The person perceives that events unrelated to their performance, in other words, you can not control events, and these are the result of the environment.

Presented below is a ranking of the proposed by Wooden according to locus of control values considering intersubjectivity, either autonomous or heteronomous its manifestation (Table 1).

Table 1: Classification of Wooden proposed by the "pyramid of success values"

Classification proposed by Wooden on "Pyramid of Success" values	
External locus of control	Internal locus of control
Adaptability Ambition Honesty Reliability (Respect) Sincerity	Faith Patience Integrity Confidence Determination (fight) Good judgment (wit)

Source: Author.

Teleology is the treatise on order, and according to Aristotle, the ultimate end of man is happiness, hence education is a means to achieve the ultimate goal: happiness.

We have been culturally inherited that happiness is living ideals of others, replicating the lives of others. Happiness is always limited by the customs, the possibilities and circumstances, it is not possible to conceive of another way of being happy than that established by the dominant group. Those who have been before us determine what is meant by happiness as well as

for all concepts and socially accepted values (GAVOTTO, 2013, p. 30).

METHOD

A qualitative descriptive study was conducted, based on the phenomenology of the philosophical constructs. 20 teachers working in the Bachelor of Coach Training Universidad Estatal de Sonora, applying a questionnaire that included three open questions were selected: What is success?, what is happiness? and what is good? The questionnaire was applied during the month of April 2014.

Although the phenomenological structures are not directly observable and construction of models that reflect the intentions and meanings of actors is necessary. The interest of researchers was to show, not show.

We sought to reflect the real phenomenon or conceptualization as is; as completely as possible, without omitting anything that might have relevance to the study; avoiding projections, ideas, theories, hypothesis or possible bias by the researchers. Data were collected in the natural context of work, in their own particular situation and the world in which they regularly interact.

In the final stage of analysis, the results were compared with findings of other studies, to better understand possible differences or similarities. Thus, it is possible to achieve greater integration and enrichment of the body of knowledge of the area studied. As we can see, phenomenology, far from being a method of study, is a philosophy to understand the true meaning of the phenomena, but with a sequence of ideas and steps that give scientific rigor ca.

RESULTS

The responses which indicated an external locus of control and indicators identified in the three concepts are presented.

Concept	Meanings of external locus of control
Success Indicators: Strengths and achievements Available time Money available Social recognition Effectiveness	... Achieve, achieve goals ... overcome obstacles (PH1). Achieve goals or targets ... (PM13). Time ... freedom, financial freedom (PH2). It is the triumph ... in your life (PH3). Achieve goals or ambitions ... (PM4). Achievements ... Throughout my life (PM5). .resultado ... Effective after an action or event by which we have worked (PM6). What ... meet established ... achieve a number of successes (PH 5).
Happiness Indicators: Level of joy Positive attitude	Working ... enjoy, exercise, rest (PH14). The positive mood ... after completing a series of goals or objectives (PH5).
Good Indicators: No off Good Deeds Helping others	Otherwise ... the bad ... helping others, he is driving on the right track (PH1). A collection of fruits will ... (PH2). It is granted to a ... action value (PH3). Set of good deeds, which seeks the good of others (PH 4). Actions ... to the positive help and not harm a neighbor (PH 19).

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Concept	Meanings of internal locus of control
Success Indicators: Enjoy Peace of mind Spent time Affection received Feeling of fullness	What you want ... ... is the result of being yourself ... .disfrutar what you do (pm1). Peaceful state of mind ... ... do the best I can, to become what I set my mind (pm2) The result of hard work, per severance, hard work and dedication (pm3). I measure my success because of love surround me, not my physical achievements (pm5). Feeling full with what is done and what you have ... do what I like (ph4).
Happiness Indicators: Peace of Mind State of fulfillment State of tranquility Fulfilling dreams Personal decision	Live in peace ... with yourself ... be happy ... enjoy every moment we live and those who live (pm1). Fluid state of pleasant emotions, you create fullness, intermittent thr oughout life (pm2) periods. Is ... making dreams come true (ph1). State ... tranquility, joy and peace (pm3). It is the joy ... when fully (PH3) lives. Attitude to life ... ... decision, despite being happy or be unhappy (pm4). Is ... the mood with the obstacles you face every day (pm5). Emotional state that reflects joy, fulfillment, satisfaction is an internal sensation (pm6). Mood ... people who feel fully satisfied (ph4).
Good Indicators: Positive action Mutual benefit Actos responsible Pattern of moral behavior	Act positively ... ... attract good for yourself and for everyone around him (pm1). Actions for personal ... or a third party (pm2) benefit. Act with honesty and ... responsibility (pm3). How to act in a pattern according to tru th or justice (pm4). Tranquility and peace ... it gives you do right (pm5). Moral ..., which must deal correctly (pm6).

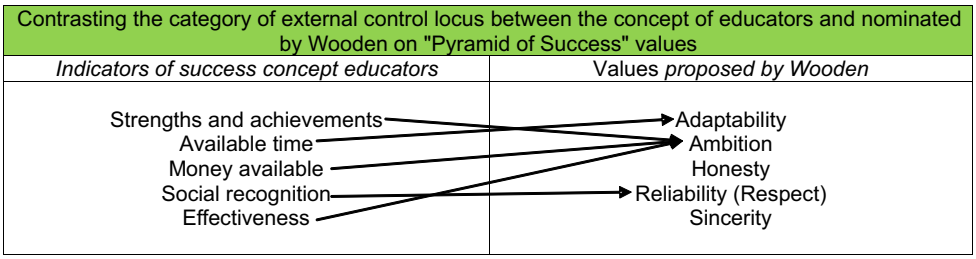
Indicators of success, happiness and well considered by educators

Indicators of external locus of control	Concept	Indicadores de *locus* de control interno
Strengths and achievements Available time Money available Social recognition Effectiveness	Success	Enjoy Peace of Mind Spent time Affection received Feeling of fullness
Level of joy Positive Attitude	Happiness	Peace of Mind State of fulfillment State of tranquility Fulfilling dreams Personal decision
Absence of malice Good Deeds Helping others	Good	Positive action Mutual benefit Responsible performance Pattern of moral behavior

CONCLUSIONS

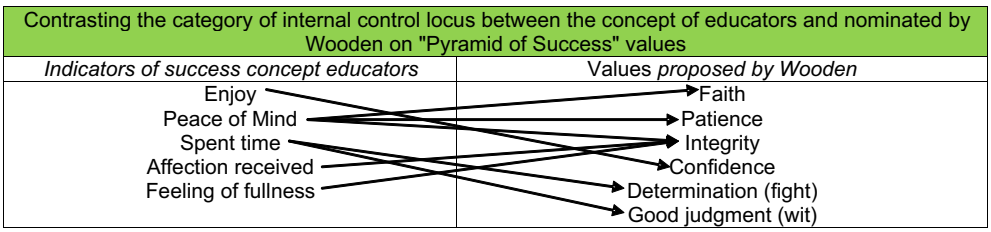
It was found that men have an external locus of control to describe the concepts success, happiness and well. In contrast women had an internal locus of control to describe the same concepts.

Within an external locus of control was found to be indicators of the concept of success and external values obtained classified as "pyramid of success" of Wooden were:



Objectives and goals, available time and efficacy: a relationship between three indicators of success concept educators with the value "ambition" proposed by Wooden, these are highlighted. Also finding a direct relationship between available time and adaptability, as well as in social recognition and reliability (respect).

Based on internal locus of control was found that the concept of success indicators and the values obtained from internal classified as "pyramid of success" Wooden were the following:



Faith and patience: the "inner peace" indicator reported by educators and Wooden values proposed by Representative. Also finding a direct relationship between trust and enjoy; time spent-determination; and sense of wholeness and integrity.

With the above is a close relationship between the concept of educators and coaches values proposed by Wooden confirmed. The result is very similar although not teachers develop curricular success model proposed by Wooden, directing pedagogy to a model of desirable future success coaches.

Although the study did not manage to explain why men and women have different referents to describe the success, happiness and good? This situation in the first instance may be related to social roles and gender perspectives that are culturally rooted for each sex, maternal love for women and the provision of food and protection of the family by men.

Globally based on the definition of educators, each of the concepts can be synthesized as follows:

What is success?

It is a feeling of fullness and peace that comes compliance effectively targets that favor the use of assets and resources for recognition and affection of society.

What is happiness?

It is a state of wholeness and joy that temporarily gets to live out a dream as a result of a positive attitude and a correct decision-making.

What is good?

It is a pattern or model of moral conduct that guides individuals in taking action to make a profit without harming others.

It is recognized that the success, happiness and good, are part of our being, are concepts that can be learned and are influential in our attitude towards life, so are of great influence on our actions definitions we have on them.

To have a happier society you could try to have success regarding internal and not just external. If happiness is the ultimate goal of human being as Aristotle pointed out, why the school does not teach you to be happy? Why not coaches teach their players to be happy or athletes? How to make people more happy in life? Before worrying about the content of education or sporting success should deal to develop the inner qualities. It is essential to worry about the human qualities as kindness, compassion and gratitude (MATTHIEU RICARD IN PUNSET, 2013) How to develop the focus on these aspects ?, and not just as

tools by human intelligence or sport. According to neuroscience can train the mind to achieve a state of inner equanimity, if we can change our mind we can change ourselves, our consciousness, our thinking and our actions accordingly.

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Calle Cobachi, No. 182, Col. Villa Sonora
Hermosillo, Sonora, México, CP 83106

LOCUS OF CONTROL OF PHILOSOPHICAL BASIC CONCEPTS OF TEACHERS OF NEW SPORTS COACHES

ABSTRACT

The study aims to know the definitions of basic philosophical concepts that have coaches educators to approach the axiological structure their teaching. As posed the following research question: How do you define future educators coaches the basic philosophical concepts? A qualitative descriptive study was conducted, based on the phenomenology of the philosophical constructs. 20 teachers working in the Bachelor of Athletic Training Universidad Estatal de Sonora, applying a questionnaire that included three open questions were selected: What is success?, What is happiness? and what is good? The questionnaire was applied during the month of April 2014 For the content analysis of the collected data was taken as reference internal locus of control and external locus of control in the three concepts and values proposed by Wooden on "the pyramid of success". It was found that men have an external locus of control to describe the concepts success, happiness and well. In contrast, women had an internal locus of control to describe the same concepts. A close relationship between the concept of educators and coaches proposed by Wooden values was confirmed. The result is very similar although not teachers develop curricular success model proposed by Wooden, directing pedagogy to a model of desirable future success coaches.

KEYWORDS: success, happiness, good.

LOCUS DE CONTRÔLE DES CONCEPTS DE BASE PHILOSOPHIQUE DE ENSEIGNANTS DE NOUVEAUX ENTRAÎNEURS SPORTIFS

RÉSUMÉ

L'étude vise à connaître les définitions des concepts philosophiques fondamentaux qui ont entraîneurs éducateurs d'aborder la structure axiologique leur enseignement. Comme posé la question de recherche suivante: Comment définissez-vous les éducateurs futurs entraîneurs les concepts philosophiques de base? Une étude descriptive qualitative a été menée, sur la base de la phénoménologie des constructions philosophiques. 20 enseignants travaillant dans le Bachelor of Athletic Training en Universidad Estatal de Sonora, en appliquant un questionnaire qui comprenait trois questions ouvertes ont été sélectionnés: Quel est le succès, ce que le bonheur? et ce qui est bon? Le questionnaire a été appliqué pendant le mois d'Avril 2014 pour l'analyse de contenu des données recueillies a été prise comme référence locus de contrôle interne et le locus de contrôle externe dans les trois concepts et valeurs proposé par Wooden sur "la pyramide de succès". Il a été constaté que les hommes ont un locus de contrôle externe pour décrire les concepts succès, le bonheur et le bien. En revanche, les femmes ont un locus de contrôle interne pour décrire les mêmes concepts. Une relation étroite entre le concept des éducateurs et des entraîneurs proposés par Wooden des valeurs en Wooden a confirmée. Le résultat est très similaire, mais pas les enseignants à développer modèle de réussite cursus proposé par Wooden, la pédagogie diriger vers un modèle de futurs entraîneurs de succès souhaitables.

MOTS-CLÉS: succès, le bonheur, la bonne.

LOCUS DE CONTROL DE LOS CONCEPTOS FILOSÓFICOS BÁSICOS DE PROFESORES DE LOS NUEVOS ENTRENADORES DEPORTIVOS

RESUMEN

El estudio tiene el propósito de conocer las definiciones de conceptos filosóficos básicos que tienen los educadores de entrenadores deportivos para aproximarse a la estructura axiológica de su enseñanza. Por lo que se planteó la siguiente pregunta de investigación: ¿Cómo definen los educadores de futuros entrenadores deportivos los conceptos filosóficos básicos? Se realizó un estudio cualitativo de carácter descriptivo, con base en la fenomenología de los constructos filosóficos. Se seleccionó a 20 docentes que laboran en la Licenciatura en Entrenamiento Deportivo de la Universidad Estatal de Sonora, aplicándose un cuestionario que incluía tres preguntas abiertas: ¿Qué es el éxito?, ¿qué es la felicidad? y ¿qué es el bien? El cuestionario se aplicó durante el mes de abril de 2014. Para el análisis del contenido de la información recolectada se tomó como referencia el locus de control interno y el locus de control externo en los tres conceptos y los valores propuestos por Wooden en “la pirámide del éxito”. Se encontró que los hombres tienen un locus de control externo al describir los conceptos éxito, felicidad y bien. En contraposición, las mujeres presentaron un locus de control interno al describir los mismos conceptos. Se confirmó una estrecha relación entre el concepto de los educadores de entrenadores deportivos y los valores propuestos por Wooden. El resultado es muy semejante a pesar de que los docentes no desarrollan curricularmente el modelo de éxito propuesto por Wooden, orientando su pedagogía a un modelo de éxito deseable en los futuros entrenadores deportivos.

PALABRAS CLAVES: éxito, felicidad, bien.

LOCUS DE CONTROLE DE CONCEITOS BÁSICOS PHILOSOPHICAL DE PROFESSORES DE NOVOS ESPORTES TREINADORES

RESUMO

O estudo tem como objetivo conhecer as definições dos conceitos filosóficos básicos que têm treinadores educadores de abordar a estrutura axiológica seu ensino. Como fez a seguinte pergunta de pesquisa: Como você define futuros treinadores educadores conceitos filosóficos básicos? Um estudo descritivo qualitativo realizado, com base na fenomenologia das construções filosóficas. 20 professores que trabalham no Bacharel em Treinamento Desportivo Universidade Estadual de Sonora, a aplicação de um questionário que incluía três questões abertas foram selecionados: o que é o sucesso, que é a felicidade? eo que é bem? O questionário foi aplicado durante o mês de abril de 2014 para a análise de conteúdo dos dados coletados foi feita como referência locus de controle interno e centro de controle externo nos três conceitos e valores propostos por Wooden na "pirâmide de sucesso". Verificou-se que os homens têm um locus de controle externo para descrever os conceitos de sucesso, felicidade e bem. Em contraste, as mulheres tinham um locus de controle interno para descrever os mesmos conceitos. A estreita relação entre o conceito de educadores e técnicos propostos por valores de Wooden foi confirmado. O resultado é muito semelhante, embora não os professores desenvolvem modelo de sucesso curricular proposto pela pedagogia de Wooden, direcionando para um modelo de desejáveis treinadores sucesso futuro.

PALAVRAS-CHAVE: sucesso, felicidade, bem.