

THEO-ANTHROPOCENTRISTIC APPROACH TO PHYSICAL EDUCATION IN SCHOOL

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ABSTRACT

In physical culture that is in physical education and sport one can discern five theories of its development. These are the following theories: biocentrism, ethnocentrism, egocentrism, anthropocentrism and theo-anthropocentrism. Each of these theories of development poses their own specific view of man and his need for physical exercising. This last one, the theory of theo-anthropocentrism nurtures as a core of its philosophy a man, but not just any man but the one who has a personality-one, unique and irrepeatable. This theory recognizes a man that is a Godman. It approaches a man and his personality in most tender and cautious way. That is why it takes physical exercising as giving the most nutritious food to man who needs it primarily in the form of its bodily being. Even when talking about school physical education a schoolchild's personality is presumed to be vital, it is approached tenderly and with lots of love. Therefore the personality of any schoolchild is not to be considered as individual, a tiny atom in wider school community. Physical exercising as the most nutritious food in agoistic terms does not put in the limelight the achievement, the result and success but considers agon as an everlasting incentive for physical exercising as a continuous activity. This necessitates the existence of the theo-humanistic approach equally to curricula and extra-curricula school activities and assignments, within the physical education subject and it has to have love and role model as its foundations. These are also considered to be foundations of each and every education.

Keywords: physical education, school, physical exercising, theoanthropocentrism

1.

There are five theories of the development of the physical culture, that is, physical education and sport and any given theory and all of them together deal with man and his need for physical movement-exercise. Nevertheless their approach to man and his needs are distinctly different (1)

Postulates of the *Theory of biocentrism*, ascertain man's need for the impulsive movements and natural forms of movement and exercising, for his need for freedom and on it based game, with himself or with other fellow human beings, within his community. This is in a word, an intentional effort of man to through his approach to physical exercising go back to the Nature whose integral part he already is. In the *Theory of ethnocentrism* a man is considered to be an individual useful for his community only if he is strong and physically fit.

What matters are a strong community, ethnos, and not just an individual? In the *Theory of egocentrism* all attention is drawn to the strengthening of man's ego. In the forceful effort to strengthen each individual ego, but collective as well, each form of the physical exercising which emphasizes is agon is beneficial. *Theory of ethnocentrism approaches* man as the center of the world and all things surrounding him. Therefore each form of the physical exercising is adjusted exclusively to his need for his personal satisfaction; of course this is valid primarily for his bodily part of being. Finally, the last in the row is the *Theory of theo-anthropocentrism* which advocates man as a personality to be respected, being – one, unique and irrepeatable, and recognizing his need for physical exercising, this specific food (2), tries to make it carefully and adapted to man's needs and wishes.

Summing up this short overview of the theories of physical culture development one could say that their underpinning philosophy (of physical exercising) is contained within their titles:

ETHNOCENTRISM – **that people** (are in the focus of attention and they should be) **strong**.

BIOCENTRISM – **going back to** (Nature) and ones' **roots**.

EGOCENTRISM – **one's own** (and collective) **self being**.

ANTHROPOCENTRISM – **man is the center of the world and measure of all things**.

THEO-ANTHROPOCENTRISM – **all for the personality, personality for nothing**.

Already these short key points point out the essence of these theories, it is evident that the theory of theo-anthropocentric development of physical education and philosophy of physical exercising is oriented to man and his personality – one, unique and unrepeatable. Therefore when one speaks of the school and school sport as a very important extra-curricular activity, one should consider this theory. This is so because each schoolchild and all schoolchildren must be considered as distinct personalities. And these schoolchildren, these personalities should flourish and develop into fully grown persons who will also in due time take care of themselves. Let us remember that one always educate with love and the role model. Therefore we must bear in mind that in the current situation and time we live in such type of physical education is needed. And this overall picture of our reality is not encouraging at all.

2.

The time we live in full of turbulent development of technology, man and our line of profession are experiencing harsh conditions. Also, developmental research and new technology point out to bleak and gloomy future. Therefore it seems that the *"cruelty has become the style of our epoche"* (M. Danojlić).

"Bioethics", leading ethical discipline, and *"neuroethics"* a similar discipline (3), advocate, miraculously, the need to change the *"old-fashioned"* man with more contemporary robots and intelligent machines. The spreading word is *ciborgization* that means blending man and machine. To make it more evident it is worth noting that under the auspices of the NASA and GOOGLE a University for singularity is running. (4). Basic purpose of its foundation and its research line is **to give our consciousness to the machines**.

For the time being this is achieved by upgrading of the algorithms and upgrading the speed of the processors which are searching for the possible answer (to some question or a problem). Man is already inferior to the chess machines. Similar machines are already composing and even estimating the artistic music, and some are panting as well. Recently the United States has been granted the new allotment in the amount of 100 million dollars for the research of the brain and the brain „mapping“. This is necessary, as it is easy to conclude, to create the new generation of the *biorobots and their consciousness* “ (5).

What is the case with the athletes and the sports competitions? Will they master the sports scene and will the biorobots test the man and his inferiority. They certainly will.

Ten years ago (2002) in the USA a Committee for mental health was formed with the main goal to deal with the mental health of children. „There were investigated “ 52 millions of schoolchildren and preschoolers and 6 million teachers. Of course the results of this research were immediately applied and the nonfit and inadequate were eliminated from the schools. It is also important to note that this research resulted with the supplement to the *psychiatric manifest* with the added rules and regulations and lists of new mental disorders (DSM – 5). Thus the American psychiatric association ranked first *creating the new man*, or better said – a biorobot.

New mental disorders according to their list are the following:

1. Orthorexia Nervosa – *"psychic disorder"*, preoccupation with the healthy food preparation, menu planning, **regular**