

119 - TRIPLE PLAY OF WOMAN, MOTHER AND NURSING STUDENT – BUILDING THE MEANING IN THE PROCESS OF PROFESSIONAL EDUCATION

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INTRODUCTION:

To be woman was perceived gradually, by the own development. The distinction among what was to be woman and what was to be men was explained by the cohabit with family in terms of what was allowed or denied to women. It's nothing more than a question of competence or competitions between the sexes.

The fact is that the female value, present in men and woman, is conquering definitely its space. In sensibility age, it's needed to learn and to do worth the rich, deeps and sometimes so obscures emotions. The responsibility by own happiness increases and is just from her.

Thus, the motherhood is an important happening to every woman's life. It's when several responsibilities made by the woman (woman, mother, nursing student) conflict, sometimes prevailing one or other, forcing her to "reconcile" them. Thereafter, begins the difficult moments, full of doubts, questions and many requests.

The responsibility played by the mother is one which can overcome the other ones while that of be woman is continuously tested. This is one of that decisives moments, marked for women who had children and to that ones who are students.

The worry with these women and its world vision disquiet us. In an attempt to apprehend the meaning of being woman, mother and nursing student from a private institution of higher education in a city in North of Paraná, we chose to make a study to classify the problem and that make easier its comprehension, believing just that ones who lived such responsibility could clarify the peculiarity of each situation.

Being a woman living in its fullness, where sometimes discouragement dominates everything, began the stalemate: How to conciliate the triple play of be woman, mother and nursing student? In the sense of make easier these answers we started from the following question: To what extent the fact of be woman, mother and nursing student influences in your daily?

OBJECTIVE:

This study had as a goal to apprehend the meaning of being woman, mother and nursing student for nursing students from a private institution of higher education in a city in North of Paraná.

METHODOLOGY:

Study of descriptive type, with qualitative approach, specifically a case study, which is: "case study is characterized by a large flexibility. This means that is impossible to establish a hard road that determines accurately how the research will be developed" (GIL, 2007, p. 121).

Nursing course from this private institution of higher education in a city in North of Paraná has 194 enrolled students, where 36 are male and 158 are female. Being part of the triple play are 19 students, where 4 are from the 1st year, 7 from the 2nd year, 5 from the 3rd year and 3 from the 4th year.

The meaning was sought in the student's answers. The data collect of this study were accomplished in a period from september, 15 to september, 20, 2003.

The tool used to data collect was formed by 3 guiding questions, which are here listed: When I talk about being woman, mother and nursing student what comes in your mind?; To what extent the fact of be woman, mother and nursing student influences in your daily? What is the meaning of being woman, mother and nursing student?

Survey participants signed the Free and Informed Statement of Consent (FISC) according to the resolution number 196 of 1996 from National Health Council (NHC), and the research was submitted to Ethics in Research Committee (ERC) of that private institution of higher education.

It was made the interpretative analysis of data and, that was based in three fundamentals aspects: results achieved in the study (answer to the tools, ideas from the documents, etc.); in theoretical reasons (management of concepts – key of others theories and others points of view); in the personal experience of the researcher (TRIVIÑOS, 1990).

RESULTS:

According to resolution number 196 of 1996 do NHC, the interviewed, had their identities changed by fictitious names, which were chosen among the goddesses denomination from greek mythology.

The interviewed age group ranged from 21 years old to 46 years old, most of them have 3 children, are married and leave their children with relatives.

In view of the dimension and richness of the testimonials, it's necessary the lineation of the research object. We did readings that allowed us identify the followings categories: feelings; emotions; responsibilities.

FEELINGS:

Complex person formation, predominantly innate and affective, with reference to a specific object (other person, thing or abstract idea) which converts this object in what is for the person (CABRAL; NICK, 1979).

Feeling is simultaneously identify by the object and by some relations between the person and this object. Such relations imply, beyond the central affection, the influence of mental elements (or psychic) (CABRAL; NICK, 1979).

Feelings of the meaning of being woman, mother and nursing student are evident in the following testimonials:

"It is realize a dream of be graduate, be a good professional, have children near to me and can support them, have a honest and worthy life, and give the same to my children". (CASSANDRA)

"As woman is a horror, as mother is a godsend and as nursing student is feel like an accomplished professional". (ARTEMIS)

"Being woman is don't forget de female side, housewife working. The woman is the safety island for the family, mother is be loving, caring and educating, doesn't matter the stress. The woman must to forget this and be mother. There is a more important meaning in being setudent because there are few women with a situation like mine, have courage to face everything with pluck, determination and love in everything that I'm doing". (LAÍS)

"Despite be consuming and sacrificed because I use to stay all Day away from the familiar convivence, but I can see this effort as a gratification in the future to me and my family". (ARIADNE)

"A big honor and I'm sure that in a near future I will be accomplished in every aspect of my life". (ISADORA)

"The meaning of being woman, mother and nursing student... just we know the worry of be far from our children, mainly to me that just can see my daughter in the weekends. I can realize every day how figther I'm and I know that I will arrive in the end of this walk. My goal is be happy with my family because they share with me every moment in my life". (AFRODITE)

EMOTION:

Complex organic state, of variable intensity, usually accompanied of visceral muscle changes (respiratory, circulatory, etc..) and very strong mental excitement (CABRAL; NICK, 1979).

Emotion is frequently associated to internal actions, of impulsive character, in the sense of a determined way of personal and social behavior. There are many differences regarding the exact description of so complex state and the explication is even more complex. After the first important attemp of emotion theorizing - James-Lange theory – the recent Thalamic theory (Cannon-Bard) is the one that seems have more possibilities to the exploration of emotionais problems (CABRAL; NICK, 1979).

Concerning to emotion of the meaning to being woman, mother and nursing student, it is evident in the following testimonials:

"As very satisfied woman, accomplished mother and nursing student, na accomplished amolst accomplished". (ARTEMIS)

"Aprivilege, with this I believe that I will give a better future to my children." (ITÁLIA)

"The meaning of being woman, mother and nursing student is to face every difficulties even being far from family and my daughter." (AFRODITE)

"This means that despite of be woman and mother I din't gave up from my goals and dreams. And that if wasn't love and comprehension from my family I wouldn't be here." (MEDUSA)

RESPONSABILITY/ COMMITMENT:

Psychoanalytic concept to determine a conscious activity that reflects repression activity and the instinctives impulses seeking to express. Such impulses can be able to change enough to avoid the censorship of the superego. The changed form wherein express compose the formation of commitment (CABRAL; NICK, 1979).

About the responsability of the meaning, being woman, mother and nursing student is evidence in the followings testimonials:

"A large responsibility, because besides the time be short to give attention to family, there is the studies that for sure will be the future of my son". (ISADORA)

"By the fact of bein nursing student, it takes me many time and in the end of everything I leave much to be desired. As woman and mother I try to suply the need with my family". (ARTEMIS)

"Of a large responsibility, besides, this is an incentive to my children being more interested with the studies. Although the own society already charge a lot of people". (ITÁLIA)

"Many responsibility, have to be polyvalent, have much willpower in win". (ARIADNE)

"Every Day I ask God that guide me in my path because the reason of live to me is my daughter and my husband". (AFRODITE)

"Hurdle and difficulties have to be faced". (MEDUSA)

"It's a hard obligation wherein I have to fractionate the time (availability) in each acitivity". (ATENA)

"Being a warrior, because I face many hurdles to achieve my goal that is the conclusion of the course". (HERA)

"Mother, woman, I think if I will account for, of deliver with my tasks". (GISELDA)

After descriptive analysis we conclude the meaning of being woman, mother and nursing student which we present hereafter:

Meaning of the triple play: being woman, mother and nursing student for nursing students from a privaty institution of higher education in a city in North of Paraná.		
FEELING	EMOTION	RESPONSABILITY
Superhero	Satisfaction	Warrior
Fight for the future	Prerogative	Multifunction
Example of life	Concern	Battler
Fulfillment	-	Search for ideal
Dream	-	Fight for the future
Godsend	-	Willpower
Difficulties	-	-
Aspiration	-	-
Affective scarcity	-	-
Revolution	-	-
Suffering	-	-

FINAL CONSIDERATIONS:

In the actual world with the globalization and scientific development, new peak technologies requires from all of us, that want to follow this process, a large effort and daily study, condemning to exclusion who don't update.

This process is very complex to the woman that pursue a professional development, attending a university because there are many desires to be answered.

Being woman, mother and nursing student with success and good use isn't an easy task and causes intense internal conflicts that need to be understood by the family.

The woman who strives in this fight is a victorious because sacrifice many of her emotional needs, even delaying marriage, children and choosing to be single and invest in professional career, seeking to achieve her goal.

Nowadays a big part of the female population even those with little resource are willing to sacrifice leisure, marriage and maternity to study at a university. Those that are married and have children, need help and comprehension by the family and the partner to get relief from the physical and emotional overload that all this leads.

Fight doesn't finish in the graduation because the studies improvement and new methods requires for all life the knowledge pursuit.

In this study we seek to apprehend the meaning of the triple play for these battler women, but the question continues: How to conciliate being woman, mother and nursing student?

We noticed that for conciliate this triple play there isn't rules or patterns to be followed, will fit to each woman to look for a better way among her possibilities.

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TRIPLE PLAY OF WOMAN, MOTHER AND NURSING STUDENT – BUILDING THE MEANING IN THE PROCESS OF PROFESSIONAL EDUCATION

ABSTRACT

To be woman was perceived gradually, by the own development. The distinction among what was to be woman and what was to be men was explained by the cohabit with family in terms of what was allowed or denied to women. Thus, the motherhood is an important happening to every woman's life. It's when several responsibilities made by the woman (Woman, Mother, Nursing Student) conflict, sometimes prevailing one or other, forcing her to "reconcile" them. So, this study had as a goal to apprehend the meaning of being Woman, Mother and Nursing Student for nursing students from a private institution of higher education in a city in North of Paraná. It was a study of descriptive type, with qualitative approach, specifically a case study. The collect of data were accomplished in a period from september, 15 to september, 20, 2003. The tool used was formed by 3 guiding questions. Survey participants signed the Free and Informed Statement of Consent (FISC) and the research was submitted to Ethics in Research Committee (ERC) of that institution. It was made the interpretative analysis of data and were identified the following categories to the meaning of to be Woman, Mother and Students: feelings, emotions and responsibilities. The interviewed age group ranged from 21 years old to 46 years old, most of them have 3 children, are married and leave their children with relatives.

KEY-WORDS: nursing; woman; mother.

JEU TRIPLE DE LA FEMME, MÈRE ET ÉTUDIANTE EN SOINS INFIRMIERS – CONSTRUISANT LE SENS DANS LE PROCESSUS DE FORMATION PROFESSIONNELLE.

RÉSUMÉ

Être femme fut progressivement perçu par sa propre maturité. La distinction entre ce qu'était être une femme ou un homme fut précisé dans la vie familiale, selon ce qui était permis ou refusé à la femme. C'est pourquoi la maternité est un événement si important dans la vie de n'importe quelle femme. C'est ici que les différents rôles assumés par elle (femme, mère et étudiante en Soins Infirmiers) se choquent et, lorsque l'un s'empare de l'autre, elle est obligée de les « mettre d'accord ». Ainsi, cette étude vise à saisir le sens d'être Femme, Mère et Etudiante en Soins Infirmiers, d'après les élèves des Soins Infirmiers d'un

établissement d'enseignement supérieur privé dans une ville du nord du Paraná. Ce fut une étude descriptive, avec une approche qualitative, plus précisément une étude de cas. Le recueil des données fut réalisé dans la période du 15 au 20 septembre 2003. L'outil employé pour cela fut constitué de 3 questions de repérage. Les participants de la recherche signèrent l'Accord de Consentement Libre et Éclairé (TCLE) et la recherche fut présentée au Comité d'Éthique de la Recherche (CEP) de l'institution signalée auparavant. Suite à l'analyse interprétative des données, on retrouva les catégories suivantes quant à la signification d'être Femme, Mère et Universitaire : sentiments, émotions et responsabilité. L'âge des interviewées oscillait entre 21 et 46 ans, la plupart d'elles ont 3 enfants, sont mariées et laissent leurs enfants chez leurs familles.

JUEGO TRIPLE DE LA MUJER, MADRE Y ESTUDIANTE DE ENFERMERÍA – CONSTRUYENDO EL SIGNIFICADO EN EL PROCESO DE FORMACIÓN

RESUMEN

Ser una mujer fue percibido poco a poco por la propia maduración. La distinción entre lo que era ser una mujer y ser un hombre se explicó en el convivio con la familia, dependiendo de lo que se permite o se deniega a las mujeres. Así, la maternidad es un acontecimiento importante en la vida de cualquier mujer. Aquí es donde las diferentes funciones asumidas por ella (mujer, madre y estudiante de enfermería), entran en conflictos, ya sea uno o el otro prevalece, obligándola a "conciliarlos". Así, este estudio objetiva comprender el significado de ser mujer, madre y estudiante de enfermería a los estudiantes de Enfermería de una institución de educación superior en una ciudad en particular en el norte de Paraná. Se realizó un estudio descriptivo con enfoque cualitativo, específicamente un estudio de caso. La recopilación de datos se realizó del 15 al 20 de septiembre de 2003. El instrumento utilizado para este estudio consistió en 3 preguntas como guía. Los participantes del estudio firmaron la Declaración de Consentimiento Libre e Informado (TCLE), el estudio fue presentado al Comité de Ética en Investigación (CEP) de esa institución. El análisis e interpretación de los datos se identificaron las siguientes categorías para el significado de ser mujer, madre y estudiante: los sentimientos, las emociones y la responsabilidad. La edad de los participantes oscilaba entre los 21 a 46 años, la mayoría tienen 3 hijos, está casado y deja los niños con sus familiares.

PALABRAS CLAVE: Enfermería, mujer, madre.

JOGO TRIPLO DA MULHER, MÃE E ACADÊMICA DE ENFERMAGEM – CONSTRUINDO O SIGNIFICADO NO PROCESSO DE FORMAÇÃO PROFISSIONAL

RESUMO

Ser mulher foi percebido gradativamente, pelo próprio amadurecimento. A distinção entre o que era ser mulher e ser homem foi explicitado no convívio com a família, em função do que era permitido ou negado à mulher. Assim a maternidade é um evento importante na vida de toda a mulher. É onde os diversos papéis por ela assumidos (mulher, mãe e acadêmica de enfermagem) entram em conflito, ora prevalecendo um ou outro, obrigando-a a "conciliá-los". Dessa forma, este estudo teve como objetivo apreender o significado de ser mulher, mãe e acadêmica de enfermagem, para acadêmicas de enfermagem de uma instituição de ensino superior particular em uma cidade do norte paranaense. Foi um estudo do tipo descritivo, com abordagem qualitativa, especificamente um estudo de caso. A coleta de dados foi realizada no período de 15 a 20 de setembro de 2003. O instrumento usado para tal foi constituído de 3 questões norteadoras. Os participantes da pesquisa assinaram o Termo de Consentimento Livre e Esclarecido (TCLE) e a pesquisa foi submetida ao Comitê de Ética em Pesquisa (CEP) da referida instituição. Foi feita a análise interpretativa dos dados e foram identificadas as seguintes categorias para o significado de ser mulher, mãe e acadêmicas: sentimentos, emoções e responsabilidade. A faixa etária das entrevistadas variou de 21 a 46 anos, a maioria têm 3 filhos, são casadas e deixam os filhos com familiares.

PALAVRAS-CHAVES: enfermagem; mulher; mãe.

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